

what's happening!

MARCH 2023

in BOONE COUNTY, KY

Summer is Almost Here!



Family Fun Nights at Boone Woods Park Creekside Stage

7:00 - 7:45 PM

Madcap Puppets - Fantastic Fairy Tales:

THURSDAY, JUNE 15

Flump, the royal court jester to the king, has accidentally overheard a plot by the Wizard Glistor, to turn the king into a mouse.

River City Puppets - Hungry, Hungry Bookworm:

THURSDAY, JULY 20

Shakespeare in the Park - The Comedy of Errors:

THURSDAY, AUGUST 10

What do you get when you mix love triangles, a jealous wife, a vindictive mistress, a deranged doctor, and not one, but TWO sets of identical twins separated at birth? Well, it can only be The Comedy of Errors. Shakespeare's silliest, screwiest, and slapstickiest comedy returns to the CSC stage, this time with a Sin City twist.

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BOONECOUNTYKY.ORG/DEPARTMENTS/PARKS



BOONE COUNTY KENTUCKY

See all of Boone County Parks Programming on page 3

“Why Do I Need a Building Permit?”

One of the most unpleasant parts of a building inspector’s job is placing a Stop Work order on an unpermitted building project. Contractors get defensive and angry, and respond with the question, “Why do I need a building permit?” Here are a number of reasons why obtaining building permits is important:

- 1) It’s the law.** KRS 198B set up the requirements for a Kentucky-wide Uniform Building Code after the catastrophic Beverly Hills Super Club fire in which 165 people lost their lives. It was apparent that public safety needed to be a bigger priority when local jurisdictions didn’t have a state-wide code to enforce. The law states that building permits are required for most construction projects.
- 2) Public safety.** The purpose of the Kentucky Residential Code and the Kentucky Building Code is “to establish minimum standards to safeguard the public health, safety and general welfare” of

the citizens of Kentucky. The review of building plans and the performance of periodic inspections during construction helps projects meet the minimum requirements of building safety as defined by the code.

- 3) Personal liability.** How confident are you that your insurance will cover injuries or damages caused by unpermitted, standard work? The Boone County Building Department regularly gets Open Records requests from insurance companies asking for permits and inspection records on building improvements for which a claim has been presented.
- 4) Home sales.** Banks and mortgage companies have declined to make mortgage loans on homes where improvements were made without permits. Look on YouTube for videos of deck collapses and it will be readily apparent why this can be a concern for banks loaning money for home purchases.
- 5) Peace of mind.** Even quality contractors can make mistakes or miss items. It’s always



a good idea to have a second set of professional eyes confirm that a project is being built in general compliance with the code.

6) See #1. It’s the law.

Permits are not expensive and it’s good business to get them. Don’t be coerced to do otherwise when it’s in your best interests to obtain a building permit. If your contract says a permit is included in your cost, make sure you get what you pay for, and that the permit is posted in a visible location. It’s just smart to do so.

Boone County Fiscal Court Employee Spotlight: Ali Schroder



Ali Schroder joined the Finance Department in 2021 as the Procurement Specialist for the Boone County Fiscal Court. She assists the different departments in purchasing goods and services in response to identified needs through the competitive sealed bidding process and competitive negotiations. In 2022, her title was adjusted to include Grant Recordkeeping Specialist for the Federal and State grants the County receives. She enjoys the versatility of her role and the ability to interact with so many different people within the County. Ali graduated from James Madison University in northern Virginia with a degree in Hospitality

Management and Business. Upon graduating, she worked in D.C. for several years for PepsiCo until she decided to move to northern Kentucky to be closer to the majority of her family and take ownership of a local restaurant, Hebron Grille. She was able to grow the business and keep it running through Covid-19 because of the support of the local community and amazing staff. Besides family, her faith is very important to her, and she remains an active member of her church. You can find Ali reading a good book, singing, or volunteering in her free time.



BOONE COUNTY KENTUCKY

BOONE COUNTY SOLID WASTE

Paper Shredding Days

Get your paper shredded with us!

Please register for a time slot online at www.bigbluebin.com under ‘Events’. This service is for Boone County residents only.

Paper Shredding Days are held at the Boone County Recycling Center (3275 Maplewood Drive, Burlington).

JANUARY 28TH,
8:00 AM – 12:00PM

FEBRUARY 25TH,
8:00 AM – 12:00PM

MARCH 25TH,
8:00AM – 12:00PM

JUNE 24TH,
8:00AM – 12:00PM

SEPTEMBER 23RD,
8:00AM – 12:00PM

DECEMBER 16TH,
8:00AM – 12:00PM

Movie Nights! **FREE**

All are held at Boone Woods Park Creekside Stage unless otherwise noted.

Movies begin at Dark (9:15PM)

Concessions Provided.

Inflatable Slide & Bounce House begins at 7PM

Date	Movie
June 9	Rumble
June 16	Super Pets
June 23	Strange World
June 30	Lightyear
July 7	Minions: THE RISE OF GRU
July 14	Turning Red
July 21	E.T.
July 28	Hotel Transylvania 4
Aug 4	Ant Man & Wasp Quantumania

Shrek Movie Series

Sept 9	Shrek
Sept 16	Shrek 2
Sept 23	Shrek the Third
Sept 30	Shrek Forever After

Nightmare On Elm Street In The Woods!

Oct 13	Nightmare on Elm Street* We are Watching! Event at *Middle Creek Park Pre-registration required due to limited parking. Ages 17 and Up.
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DON'T FORGET YOUR CHAIRS AND BLANKETS FOR MOVIE NIGHTS!

Summer Concerts & Family Fun Nights!

Boone County Parks and the Boone County Public Library are excited to announce the 2023 Summer Concert Series and Family Fun Nights!

At Boone Woods Park Creekside Stage

7PM - 8:30PM

Date	Concerts FREE
June 3	London Street (Premier horn-driven band hits of the 60s)
June 10	Nightflyer (Eagles Tribute Band)
June 17	Swingtime Big Band Classics, smooth jazz, ballads, & Broadway)
July 1	River’s Edge Brass Band (British style Brass Band)
July 7	Minions: THE RISE OF GRU
July 8	Forever Diamond (Neil Diamond Tribute Band)
July 22	Jump n’ Jive Band (Sounds from classics to popular)
July 28	Patsy Cline Tribute Band
Aug 4	Florence Community Band (Popular, Classic, & Contemporary)

Date	Family Fun Nights (Details on Cover) FREE
June 15	Madcap Puppets Fantastic Fairy Tales
July 20	River City Puppets Hungry, Hungry Bookworm
Aug 10	Shakespeare in the Park The Comedy of Errors



Wednesdays at Union Park! 5PM - 8PM

JUNE 7

JUNE 21

JULY 12

JULY 26

AUGUST 9

Come out to Union Park for a relaxing evening! Enjoy delicious foods from some of our favorite food trucks!

Union Park: 10165 US42

***Rain Site for Concerts, Family Fun Nights, & Shakespeare in the Park will be at the Boone County Main Library on Rt. 18 in Burlington, unless otherwise stated.

BOONE COUNTY PARKS DEPARTMENT
5958 GARRARD STREET
BURLINGTON, KY 41005
PHONE: 859-334-2117

CHECK OUR FACEBOOK AND INSTAGRAM PAGES FOR WEATHER RELATED UPDATES.



**“Quit the Littering”
Calendar Content Winners**

We are excited to announce our 28 winners of the 2022 ‘Quit the Littering’ Calendar Contest! This annual contest is open to all Boone County elementary-age kids. The goal of this contest is to educate students about litter – where it comes from, why it exists, and how to stop it. With over 300 entries, we were so excited to see the creativity and awareness of our students!

A huge thank you to all of our schools’ principals, teachers, staff, and parents for making this possible. A special thank you to our calendar judges, as tough decisions had to be made!

Big Blue Bins

www.bigbluebin.com

The Big Blue Bins have expanded to additional locations. Recycle your items here:

NORTH POINTE ELEMENTARY SCHOOL (875 North Bend Road, Hebron)

CORNER OF IDLEWILD ROAD & MAPLEWOOD DRIVE

UNION PARK (10165 Old Union Road, Union)

WALTON FIRE PROTECTION DISTRICT (12600 Towne Center Drive, Walton)

ACCEPTED ITEMS:

- Plastic bottles & jugs
- Glass bottles & jars
- Metal cans
- Mixed paper
- Cardboard

To get a calendar, stop by our office!



**“Peace, Love, & Recycling”
Winners:**

Cover:	Art: Oliva Hill Slogan: Colin Young	Ockerman Elementary(2nd) New Haven Elementary (K)
Runner-Up	Art: Adelyn Wade Art: Lane Thompson	Kelly Elementary (3rd) Mary Queen of Heaven (5th)
JAN	Art: Zack Kramer Slogan: T.R. Trash III	Mann Elementary (4th) Kelly Elementary (4th)
FEB	Art: Caroline Ewing Slogan: Rae Dirkes	Kelly Elementary (1st) Kelly Elementary (3rd)
MAR	Art: Frances March Slogan: Ava Hurd	Kelly Elementary (5th) Kelly Elementary (2nd)
APR	Art: Aubrey Blackburn Slogan: Ada Haggard	Thornwilde Elementary (3rd) Burlington Elementary (3rd)
MAY	Art: Ben Schneider - Slogan: Carter Young	Kelly Elementary (3rd) New Haven Elementary (5th)
JUN	Art: Kennedy Burke Slogan: Claire Ewing	Kelly Elementary (5th) Kelly Elementary (5th)
JUL	Art: Crace Ryle Slogan: Michael Gripshover	St. Paul Catholic (4th) Kelly Elementary (4th)
AUG	Art: Kaiya Longland Slogan: Greyson Leverage	Kelly Elementary (K) Thornwilde Elementary (5th)
SEP	Art: Monica Hensley Slogan: Marissa Hensley	Kelly Elementary (1st) Kelly Elementary (4th)
OCT	Art: Cali Craddock Slogan: Ashanti Penn	Kelly Elementary (2nd) Thornwilde Elementary (5th)
NOV	Art: Hailey Tineo Slogan: Evangeline Espinoza	Kelly Elementary (4th) Burlington Elementary (2nd)
DEC	Art: Tenley Hubert Slogan: Evelyn Espinoza	Kelly Elementary (5th) Burlington Elementary (1st)

Never Litter!



Litter is expensive. Each year, around \$250,000 of our tax dollars are spent cleaning up litter in Boone County; in the state of Kentucky, it's around \$9 million! The estimated cost of litter pickup is 30 cents per piece of litter. In 2022, our volunteer groups spent over 120 hours cleaning up roadsides and parks in Boone County and collected over 17,000 pounds of litter!

So... What can you do? There are a few things that can help our case of the litter. Here are some easy ones:

- **NEVER LITTER!**
- **Talk with friends, parents, and anyone who will listen about littering and its effects**
- **Secure loads and remove any loose trash in your car**
- **Never throw a cigarette butt on the ground – use a cup as an ash tray instead!**
- **Pick up litter in your neighborhood – if you don't, who will?**
- **Don't throw food out the car window – animals can cause accidents when trying to eat this food**

Household Hazardous Waste Collection Event Totals

On November 5th, 2022, over 350 volunteers safely gathered to collect Northern Kentucky's household hazardous waste – the biggest hazardous waste event in Kentucky! A total of 2,661 residents dropped off over 250,000 pounds of hazardous waste, all of which were diverted from the landfill.

BOONE COUNTY SOLID WASTE TEAM

Mike Wilson, Solid Waste Services Supervisor
Phone: 859-334-3629
Email: mike.wilson@boonecountyky.org

Jeremiah Rice, Community Outreach Coordinator
Phone: 859-334-3151
Email: jrice@boonecountyky.org

Dennis Gosney, Recycling Operations Manager
Phone: 859-334-4808
Email: dgosney@boonecountyky.org

Sign up for our newsletter, *The Recycler*, online!

A Check Up on Stream Health

Boone County is one of the fastest growing counties in the region. While commercial and industrial development brings a wealth of benefits to the region, the impact to natural resources is not quite as clear. Boone County is home to significant tracts of large canopy forest, wetlands, hundreds of miles of streams, and over forty miles of Ohio River front. These natural systems provide valuable resources for drinking water, clean air, and beautiful scenery which contribute to the overall health and wellness of our community.

“Aside from direct loss of habitat, one of the biggest impacts of urban development is the increase in storm water runoff into our natural creeks,” says Mark Jacobs, the Director of Conservation Programs at the Boone County Conservation District. “In areas with lots of pavement, storm water is not able to slowly filter through layers of soil. This leads to an increase of non point source pollutants and unstable stream banks.”

Despite the area's exponential growth trend, there are many organizations working to offset the negative impacts to natural resources. The Boone County Conservation District has worked closely with Sanitation District No. 1, Kentucky Division of Water, and many other state and federal agencies to continually monitor the health of local streams. “By keeping our finger on the pulse of the creeks, we are able to detect changes and identify when and where problems occur in the land surrounding the water,” says Jacobs.

Because of this work, BCCDKY was able to implement best management practices throughout the county such as detention basins, bio-filtration swales, and other storm water controls. Recently, Gunpowder Creek, which is the largest stream in Boone County, was officially removed from the list of impaired streams by the United States Environmental Protection Agency.

A more direct form of conservation is through a process called stream mitigation. Through this process, developers are federally mandated to purchase credits to offset their environmental



Middle Creek in western Boone County is one of the many upcoming stream restoration projects in the area. Portions of the project will be seen from Middle Creek Park.



This creek in the Big Bone Watershed is currently being restored. Re-routing a stream to a more natural state can improve water quality and wildlife habitat.

impacts. Ideally, mitigation dollars will be used to enhance local ecosystems, but that is not always the case. However, the Boone County Conservation District has been working with the Northern Kentucky University's Center for Environmental Restoration and the Kentucky Department of Fish and Wildlife Resource's Stream Team to identify and pursue several local stream restoration projects within Boone County.

These stream restoration projects often involve redirecting the flow of water, the strategic placement of rocks and boulders, removing invasive species, and planting native trees and shrubs along the streambanks. Jacobs says, “While these projects might not look pretty at first, we are very excited to be able to put mitigation dollars to work improving the streams in our own backyard.”

Get Involved!

There are lots of ways to get involved in local conservation. Visit bccdky.org to learn about the technical and financial support programs for landowners, upcoming workshops, volunteer events, and conservation education programs.

The mission of the Boone County Conservation District (BCCDKY) is to promote the wise use and protection of natural resources through education and service to the citizens of Boone County, Kentucky.

Boone County Conservation District
6068 Camp Ernst Road, Burlington, KY 41005
Phone: 859-586-7906x3
Email: Info@bccdky.org



Upcoming Events Spring + Summer 2023

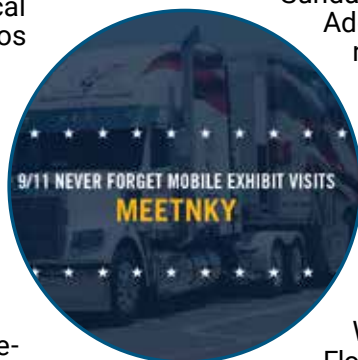
Easter Event

The city will hold their annual Easter Egg Hunt on Saturday, April 1 at Thomas More Stadium, Home of the Florence Y'alls, 7950 Freedom Way, Florence. Event opens at 10:00 a.m. and will feature games, music, local vendors and free photos with the Easter Bunny.



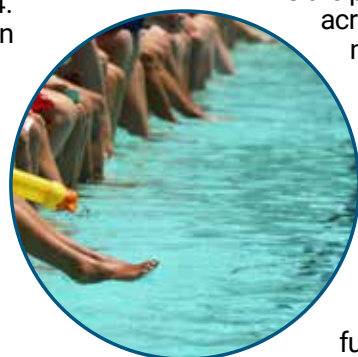
Tennis Clinics Begin APRIL 10

Learn basic tennis skills or improve your game with the help of certified USTA instructor Tom Kolenich @ atkbtennis@gmail.com or (724)988-9454. Clinics occur at Lincoln Woods Park. Register for clinics directly through instructor, Tom Kolenich.



Spring Cleanup Program

The week of April 24 – April 30 is Spring Cleanup week in Florence. Florence residents (must show proof of residency) may bring their unwanted trash and debris (excluding hazardous waste) to the Public Services Maintenance Facility located at 7850 Tanners Lane for disposal. Facility hours are 7:00 a.m.–7:00 p.m. Monday through Friday and 9:00 a.m.–7:00 p.m. on Saturday and Sunday.



9/11 Never Forget Mobile Exhibit

The Tunnel to Towers 9/11 NEVER FORGET Mobile Exhibit will arrive at the Florence Government Center, 8100 Ewing Boulevard, and will be open to the public beginning Saturday, May 6, 2023 until Sunday, May 14, 2023. Additional event details regarding the event and hours of the exhibit will be released on the City of Florence Website –www.florence-ky.gov.

Aquatic Center Opens May 27

When summer arrives, the Florence Family Aquatic Center is the place to be. Located on four acres on the Florence Government Center campus at 8200 Ewing Blvd, it is more than just an average swimming pool. There is a lazy river, 25 meter competition pool, two spray ground areas, spiral and speed slides and zero depth pool with shade shelters, lockers, sunbathing deck, giant funbrellas, concession stand and family restrooms. Hours are 11 a.m. – 7 p.m. daily. Admission is available through the purchase of a season membership or daily admission.

Memorial Day Parade And Program

The City of Florence will hold their annual Memorial Day Parade & Program on Monday, May 29 beginning at 10:00 a.m. at Boone County High School and ending at the Boone County Veterans Memorial located on the campus of the Florence Government Center. The memorial service will be held at the Boone County Veteran's Memorial following the parade with a tribute to our military personnel who gave the ultimate sacrifice for our freedom.



Mark Your Calendars!



Public Services Night Out
May 23

Flag Day
June 14

Summer Concert Series
Begins June 16

Independence Day
Celebration
July 3

@Florence Government Center

More details to follow for all of these events and additional information will be updated on the City of Florence website at Florence-ky.gov and through social media. If you would like to participate in upcoming events, please contact Community Services Coordinator, Victoria Riley, at 859-647-5425/Victoria.riley@florence-ky.gov. All other inquiries, please contact the City of Florence Administration Department at 859-647-8177.

Take A Deep Breath And Slowly Blow It Out.

Feels Good, Right?

Breathing Clean Air Should Feel Good.

So, How Do You Ensure You Breathe Clean Air?

We know that air quality is affected by many items, including secondhand smoke. The Center for Disease Control and Prevention (CDC) reports that secondhand smoke contains more than 7,000 chemicals. Hundreds of those chemicals are toxic and 70 can cause cancer.

There is no safe or risk-free level of tobacco smoke, even brief exposure is unhealthy. The CDC reports that secondhand smoke exposure causes close to 41,000 deaths per year. Of those deaths from secondhand smoke exposure each year, approximately 7,330 are due to lung cancer and 33,000 are due to heart disease. Secondhand smoke causes numerous health problems including heart disease, stroke, and lung cancer as well as problems in infants and children. To improve the health of the public in NKY, it is important to reduce exposure to secondhand smoke and the number of people smoking. One way to reduce exposure to secondhand smoke and the number of people smoking is to implement smoke-free policies.

Research shows that smoke-free policies are effective in protecting individuals from exposure to secondhand smoke. One study found a smoke-free law in Lexington resulted in a 32% reduction in adult smokers and \$21 million per year saved in healthcare costs. Smoke-free policies protect employees, residents and children from the dangers of



secondhand smoke inside workplaces and public spaces. In a recent survey of Florence residents, 76% responded indicating support for smoke-free policies.

On November 6, 2022, the City of Dayton became the 33rd Kentucky city and the first Campbell County city to implement a comprehensive city-wide smoke-free ordinance. Smoking and vaping is completely prohibited indoors in any Dayton building or place of employment where the public is invited or permitted, such as offices, hotels, factories, churches, bars, restaurants, bingo halls, bowling alleys and stores.

"We are very pleased that city council responded to the need of our community to take positive steps for health," said Karen Finan, CEO and President, OneNKY Alliance. "We applaud and thank the Dayton City Council for their vote to protect the health of all Dayton employees by making workplaces smoke-free."

Working in a smoky place for 6-8 hours is the equivalent of smoking nearly a pack of cigarettes. Separating smokers from nonsmokers, cleaning the air, and ventilating buildings does NOT eliminate exposures of nonsmokers to secondhand smoke.

Due to the health effects of secondhand smoke, LiveWell NKY, OneNKY Alliance, Breathe Easy, community members and organizations across Campbell County are dedicated to changing the norm when it comes to lung health in our region. "There is no safe level of smoke exposure! As a Respiratory Therapist for over 25 years I have seen the damage smoke (in any form) can do to a person's body. Smoke-free laws protect our hearts, lungs and lives." says Thomas Cahill.

If you smoke or vape and want to quit, there are organizations and aids to help you stop.

Free Nicotine Replacement, such as gum, patches, and lozenges are available for adults at fourteen local pharmacies throughout Northern Kentucky. For more information regarding pharmacies distributing free nicotine gum, patches and lozenges, scan the QR code or visit <https://nkyhealth.org/tobacco-use-e-cigarettes-smoking/>.

1-800-Quit Now for adults and My Life My Quit for youth are quitlines available for confidential and free resources that can help one quit smoking or vaping. Each quitline will connect you with a quit coach. Call 1-800-Quit Now or youth can text "Start My Quit" to 36072.

Start your journey today.



<https://mylifemyquit.com>
#MYLIFEMYQUIT FREE HELP, JUST FOR TEENS



Intro to Boone County Community Arts

The Boone County Extension Service would like to introduce our new Community Arts program. We are thrilled to join six other Kentucky counties in the newly-expanded Arts Extension. Our goal is to provide community and economic development, quality arts engagement, and essential skill enhancement by delivering arts programming directly in Kentucky communities. In the future, you can look for more offerings for all ages in the creative arts. Please follow us @BooneCommArts on both Facebook and Instagram for program announcements.

Boone County Extension Homemakers

Homemaker members are selfless, caring, resourceful individuals who enjoy being with others, building life-long friendships, and learning throughout life. We have Homemakers that create, cook, paint, sew, quilt, draw, write, donate to charities and the scholarship fund, and share their knowledge and leadership skills. They will explore Africa on Thursday, March 30, 2023, at 1:00 p.m. as part of the international program. The program is open to the public with registration requested. If you would like to learn about the opportunities to be a member of an organized club or an at-large member of this organization, give us a call. The possibilities and opportunities are endless.



Walk, Eat, Learn, Laugh Mindfully

In this day and age where stress and uncertainty surround us, take the opportunity to enjoy a walk through the woods, a laugh, a mindful time to reflect on your surroundings, and a tasty recipe or two. Adults are welcome to join us for the four weekly sessions May 4, 11, 18 and 25, 2023 at 6:00 p.m. at our Boone County Extension Environmental and Nature Center, 9101 Camp Ernst Road, Union. Different information, activities, and recipes will be shared each week. Please dress for the weather and a self-guided walk. Walking trails range from easy to more challenging, however, none are paved. Registration is requested.



Around My Kentucky Table: The History and Tradition of the Most Famous Kentucky Flavors

Kentucky has a rich tradition of good eating with many memories made around a food-laden table with family and friends. On Tuesday, April 25, 2023, at 5:30 p.m. Kentucky author Blair Thomas Hess will dish out the rich culinary traditions of Kentucky and discuss how the culture and history of the state are woven through its food. This program is funded in part by the Kentucky Humanities and the National Endowment for the Humanities. Registration is requested by calling Boone County Cooperative Extension at 859-586-6101.

Arbor Day Tree Seedling Giveaway

Friday, April 28, 4pm to 7pm. Come out and receive free tree seedlings while supplies last at the lower level of the Boone County Extension Enrichment Center. For more information on this program please call 859-586-6101.

Iconic Plants of the Bluegrass

April 4, 2023 at 10 am. This class will discuss the Bluegrass region of Kentucky with its unique topography and the flora that characterizes the region. Register for this FREE CLASS by calling 859-586-6101 or enroll online at www.boone.ca.uky.edu

New 4-H Agent

Welcome Cathy Fellows, Boone County's newest 4H Youth Development Agent. Cathy has been teaching in Boone County for the past 13 years and is thrilled to share her knowledge. Cathy is eager to work with the youth in our community, developing life skills and leadership programs that will positively influence them throughout their lives.



BOONE COUNTY COOPERATIVE EXTENSION SERVICE
P.O. BOX 876 /6028 CAMP ERNST RD,
BURLINGTON, KY 41005
PHONE: 859.586.6101 / FAX: 859.586.6107
HOURS: MONDAY - FRIDAY, 8 AM - 4:30 PM
E-MAIL: BOONE.EXT@UKY.EDU



Catch Up On Checkups And Routine Vaccines



As your family gets back to routines, it's important for your child to catch up on checkups and recommended vaccines to help protect their health now and in the future.

Many children missed check-ups and recommended childhood vaccinations during the past two years. The CDC and the American Academy of Pediatrics (AAP) recommend children catch up on routine childhood vaccinations. In addition, it is very important to receive seasonal vaccines such as a flu shot and the COVID-19 Bivalent booster. The flu and other respiratory illnesses are spreading rapidly throughout the Northern Kentucky community. Routine vaccines, including COVID-19 vaccines for children 6 months and older and flu vaccines for both children and adults, are available at many pharmacies as well as NKY Health's County Health Centers. To find a location near you, please visit <https://www.vaccines.gov/find-vaccines/>. Source: <https://www.cdc.gov/vaccines>

1 Well-Child Checkups Are Essential

- The doctor tracks your child's growth and development.
- You can ask the doctor questions about your child's health.
- Your child gets recommended vaccinations.

2 Vaccination Helps Protect Your Child's Health

- Routine vaccinations during childhood help prevent 14 diseases.
- Among children born from 1994-2018, vaccinations will prevent an estimated 936,000 early deaths, 8 million hospitalizations, and 419 million illnesses.



WHY WORK FOR NKY HEALTH? WHAT DOES PUBLIC HEALTH DO?

While conventional health care traditionally treats diseases and injuries, the role of public health is to prevent diseases and injuries before they happen. NKY Health performs numerous mandated services and works with community partners, including health care organizations, to determine the community's needs and identify priority health issues. Every position at NKY Health plays an important role in the health of Northern Kentucky.

Public health plays a critical role in the community, positively impacting the lives of many. The field is constantly evolving in response to the needs of the people, making it a dynamic career choice. In order for public health to be effective, it requires a unique blend of skills, therefore, people who choose a career in public health are from many different disciplines with a variety of different backgrounds. This enables organizations, like the Northern Kentucky Health Department, to develop long-lasting, innovative solutions that improve the quality of life for everyone.



What are 5 Great Reasons to Choose a

Public Health Career?

- 1 Variety –**
A career in public health means you'll have the opportunity to work in a lot of different roles in numerous areas of study.
- 2 Improving the Health of Your Community –**
Your efforts in public health will impact the health of your community, which includes your friends and family.
- 3 It's Interesting –**
The amount of research and data involved in public health is not only interesting. It can be very exciting. Some of the world's biggest health breakthroughs like vaccinations have roots in the public health field.
- 4 Career Evolution –**
Public health careers typically evolve and can take your career to new heights.
- 5 Leave a Legacy –**
The work you do in public health literally changes the lives of so many people. There is great satisfaction in knowing that you made a difference in your community, the nation and even the world. You can be proud of the work you do and the many things you will accomplish from a career in public health.

What are the Reasons to Work for NKY Health?



It's exciting to be part of an award-winning team focused on making a difference.

- Work/life balance is part of our culture. (M-F 8-5 are our usual work hours).
- New challenges are always coming our way.
- We are established, stable and credentialed.
- Our fringe benefits (including continuing education) are competitive.

A career in public health can be a rewarding experience. Help us improve the lives of all Northern Kentuckians. Check our website at <https://nkyhealth.org/careers-at-nky-health/> for the current list of opportunities.

Source: <https://mphprogramslist.com/50-great-reasons-to-pursue-a-public-health-career/>



BOONE COUNTY HEALTH CENTER
7505 BURLINGTON PIKE, FLORENCE, KY 41042

PHONE: 859.363.2060
FAX: 859.647.3594
HOURS: MONDAY - FRIDAY
8 AM - 5 PM



What is Substance Use Disorder?



We all handle stress differently in our lives. When you experience a stressful or traumatic event and decide to consume an alcoholic beverage, tobacco product, or illegal substance (ex: marijuana or opioids), the only thought is to forget the stress you are experiencing in an attempt to numb your pain. This coping mechanism can lead to harmful behaviors. Some people's brains are more vulnerable to unhealthy behaviors that can lead to a substance use disorder (SUD).

SUD is a treatable, chronic disease that can affect any race, gender, ethnicity, income level or social class. A person with a SUD often has an underlying diagnosis or issue related to stress, trauma or mental health issues. Some individuals may develop a SUD after misusing opioids prescribed following surgery. Opioids can include pain pills, heroin and fentanyl. Regardless of the type of substance used, over time, it's easier to become addicted by flooding the brain's reward system, leading to intense cravings and continued use.

Overcoming SUD is not as simple as resisting temptation or changing friends, since it affects the brain.

SUD is a chronic condition; therefore, treatment should be tailored to the person who needs care. Treatment may include medication to assist with cravings and withdrawals as well as different forms of therapy. No single treatment method is right for everyone, recovery is possible, and help is available for individuals with SUDs. Treatment for opioid use disorder (OUD) may include medications e.g. methadone, buprenorphine and naltrexone. Medications for OUD lower the risk of return to use and even death. A person seeking treatment for OUD is at increased risk for opioid overdose as their tolerance level has decreased, no matter the amount used.

A person with SUD may not seek treatment even when they know their behavior is harmful, as they do not want to bring guilt or attention to themselves or their loved ones. If you know someone who is using substances and may be addicted, it can be helpful to actively listen to the individual and show empathy, respect and dignity. You can encourage and remind them their treatment and recovery is possible and that resources are available to help.

When talking with someone about their substance use, the words used, and tone are important.

Below are examples of supportive and positive language that can be used to foster and nurture recovery.

Practicing active listening, empathy and

Instead of saying...	Use...
Addict, Druggie, Junkie, Alcoholic	A person with substance use disorder
Clean	In recovery Not actively seeking or using drugs or alcohol
Dirty	Return to use Actively seeking illicit substances

non-stigmatizing recovery language fosters an environment that is accepting to individuals who are open to treatment and recovery from substance use disorders. Treatment and recovery is a process that allows a person to be the healthiest version of themselves.

Someone who is not using substances may relapse days or years after their last use of a substance. This indicates their recovery plan may need to be modified. If you know someone who is in active use or recovery, it is important to be aware of the signs and symptoms of an opioid overdose and to have naloxone on hand in case of an emergency.

Signs and Symptoms of Opioid Overdose:

- Pinpoint pupils
- Struggling to breathe or not breathing
- Blue/gray nails or lips
- Skin pale, clammy
- Extreme sleepiness, inability to awaken verbally or by sternal rub, loss of consciousness

If you think someone has overdosed, it is vital to call 9-1-1, administer naloxone (if available), and follow opioid overdose response guidelines.



NORTHERN KENTUCKY HEALTH DEPARTMENT DISTRICT OFFICE
8001 VETERANS MEMORIAL DR., FLORENCE, KY 41042
PHONE: 859.341.4264 / FAX: 859.578.3689
HOURS: MONDAY - FRIDAY 8 AM - 5 PM

NORTHERN KENTUCKY
859-415-9280
ADDICTION HELPLINE

At NKU, Learning Doesn't End at Graduation



Many working professionals want the chance to grow and develop their skills without slowing down. Actively seeking educational opportunities not only helps employees continue to climb the ladder and adapt to an ever-changing workplace, but also allows companies to hold onto their most talented employees longer.

Northern Kentucky University (NKU) is committed to providing those pathways for learners of all ages—whether it's for enjoyment, industry certification or career advancement.

"People often look at non-university programs or consultants for professional training and don't realize they have a resource in their community," says Carmen Hickerson, NKU's Assistant Vice President of Economic Engagement and Government Relations.

NKU offers a wide variety of opportunities that allow learners to continue their education and develop new skills—or sharpen existing ones. There are more than 22 advanced degree programs to choose from, in fields like business leadership and data management, that can enhance employability.

NKU also offers more than 30 micro-credentials, all of which are aligned with relevant industry standards. These for-credit courses allow learners to easily build on their career and demonstrate their mastery of relevant workplace skills, abilities and competencies more quickly. Many micro-credentials can be stacked as a pathway toward a degree.

However, not everyone has the time or interest in long-term programs. That's why NKU also offers flexible non-credit courses, certificate programs and online courses for learners who are at various stages in their career. These learning opportunities are designed to allow professionals to have a work-life balance while they study.

Learners have the option to enroll in NKU's self-paced classes that can be accessed online anytime, anywhere. These courses, which provide practical skills training, are taught by industry leaders and are curated by NKU faculty. Courses cover a variety of areas, including data literacy and management, technology, leadership and project management.

Additionally, NKU partners with local companies in the region to upskill their employees, which prepares them for a modern, ever-changing workplace, by providing a variety of customized training courses.

"Employees want opportunities to grow; employers want to retain their best workers. It's a win-win situation," Hickerson says. "Organizations get to keep their employees as they develop their skills—skills that they'll then use to support the business."

Why NKU?

At its core, NKU is committed to learners of all ages and backgrounds and to moving the region forward. Through online, in-person and hybrid learning opportunities, NKU offers flexibility and pathways that fit busy lifestyles.

Pursuing professional development opportunities at NKU gives learners the chance to engage with respected, experienced instructors and training facilitators who provide practical, cutting-edge training.

No matter which path learners take, NKU offers a vast catalog of courses, which is based on what our world needs now. Learners leave with tangible skills and knowledge that not only make them highly marketable but can transform their industries and make an incredible impact where it matters.

"Our goal at NKU is to give all students—whether they're recent high school grads or mid-career professionals—the learning experiences they need to succeed in their careers," Hickerson says. "We're proud to help them on their way."

Learn more about how NKU's professional development and continuing education offerings can move you or your business forward by visiting nku.edu/pdce or call 859.572.5236.



NORTHERN KENTUCKY UNIVERSITY
NUNN DRIVE, HIGHLAND HEIGHTS, KY 41099
PHONE: 859.572.5236

What Makes TANK Stand Out From Other Employers?

At TANK, we want to help you get behind the wheel of a great career. You're not just driving a bus, you're also an integral part of keeping NKY moving, and supporting those who need our services. TANK bus operators receive paid training, excellent benefits, retirement program, and a supportive and positive work environment. TANK bus operators earn up to \$52,000 in their first year and \$62,000 in their second year. Many of our bus operators have been a part of the TANK team for over 15 years and counting.



What other benefits does TANK offer?

We offer an extensive benefits package to our employees. Everyone has the opportunity to take advantage of one or all of them depending on your needs. We offer a Pension and 401K, Life Insurance, Paid Vacations and Holidays, Free Primary Care Center, Free Mental Health Services, Free Life Counselors, Free Gym Membership and more! We see the value in investing in our employees.

Do you have to know how to drive a bus to apply for a career at TANK?

TANK offers extensive training to all new hires. CDL Permit or License (Class B with passenger and air brake) is preferred, however applicants do not need a CDL to apply. Qualified applicants will receive fully paid training through the CDL process. Our trainers will walk you through the entire process to ensure you feel comfortable safely operating any of our buses.

If someone was interested in starting their career at TANK, what should they do?

Applying to drive with TANK is simple. Visit Careers - Transit Authority of Northern Kentucky (tankbus.org/careers) to apply online now.

TANK IS THE PUBLIC TRANSIT AUTHORITY THAT PROVIDES BUS SERVICE IN NKY + DOWNTOWN CINCINNATI

PHONE: 859.331.TANK(8265)



CHECK OUT THIS TANK VIDEO!



SD1 Takes Customer Engagement Online, Saving Time and Money in the Process



Over the past five years, Sanitation District No. 1 has made significant efforts to improve the customer experience, particularly for those who conduct business online.

In addition to launching a new website in 2020 and implementing a new customer billing system this year, SD1 has developed more than 50 online forms, ranging from requests by developers to tap into the public sewer system to customer inquiries about the location of SD1 assets on or around their property.

"We're constantly looking for ways to improve our processes," said SD1 Director of Information Technology Doug Wells. "Our IT team works closely with the District's various business units to find automation and integration opportunities that improve service levels and reduce waste."

The move toward enhanced online services began when SD1 started tracking all its project information in Lucy, an enterprise asset and maintenance management software used by municipal agencies and local governments across the country.

While this improved processes somewhat, SD1 staff still had to manually enter data into the system, which slowed down the process and introduced opportunities for errors. That's where another software, Laserfiche, entered the equation. Laserfiche is the leading provider of intelligent content management and business process automation.

Laserfiche allows SD1 to create smart forms that adapt based on what information a user inputs, making forms shorter and easier to use. But that doesn't mean building the forms is easy.

"The first thing we do is sit down and meet with the people who own the form to get a better understanding of the goals of the form and what it's supposed to do," Wells said. "This is important because we know what we can automate, and a lot of times automation isn't even on the form owner's mind – they're just thinking about how they can collect the right information."

With Laserfiche, SD1 could streamline processes and collect information more efficiently than ever before. But the data still had to get into Lucy somehow.

"We had two different silos," Aman said. "Lucy with our data and Laserfiche as our collection platform. Our IT staff had the foresight to say, 'Hey, we can make these things talk.' So we developed a process where we can collect data through Laserfiche and then push that information directly into Lucy."

That connection opened up a wave of service enhancements that continues today. Processes became more seamless; data became more reliable; and without the need for data reentry or tracking down missing information, staff members were freed up to focus their attention on more important tasks.



SD1
1045 EATON DRIVE, FORT WRIGHT, KY 41017
PHONE: 859.578.7450
HOURS: MONDAY - FRIDAY 8AM - 4:30PM



Coming Soon...

A New Branch In Southern Boone County!

Boone County's City of Walton is growing at a fast rate! And with the growth, our 6000 square foot building feels a little smaller each day. The BCPL Board of Trustees saw the growth predictions several years ago resulting in the purchasing of land in front of the Walton Town Centre off Mary Grubbs Highway to better serve the southern portion of Boone County.

Omni Architects in Lexington, KY is the firm chosen to design the 25,000 square foot, 21st century library which is set to open in Fall 2024.

The front of the new building offers an updated look with colorful slats that resemble books on a shelf. The outside walls on the V-shaped building will be made of glass allowing for natural light and daylighting technology. The outside appearance of the building will spill indoors with splashes of color through carpet designs, wall graphics, and furniture.



Here are just a few highlights:

- Outdoor Courtyard And Amphitheater
- Boone Innovation Lab
- Internet Café
- Inclusive Bathroom With Dimmed Lights, Adult Changing Tables, And More.
- Demonstration Kitchen
- Computer Desks For Parents With Built-In Play Area For Children
- Solar Panels
- Rough-Ins For Electric Cars

For more information, visit bcplundiscovered.org to read "Southern Boone County is Getting a New Branch!"

BOONE COUNTY PUBLIC LIBRARY
CALL 859.342.BOOK (2665)
ALL LOCATIONS

Connect with us on social media.



What's Happening! COMMUNITY MATTERS...

BOONE COUNTY CASA

CASANKY.COM



BOONE COUNTY CASA is central to fulfilling society's most fundamental obligation by making sure a qualified, compassionate adult will fight for and protect a child's right to be safe, to be treated with dignity and respect, and to learn and grow in the security of a loving family.

Our goal is to make sure that no child in our community who has been abused or neglected goes without a CASA volunteer. Volunteers help ensure that children are safe, have a permanent home and have an opportunity to thrive. Most of the children we work with are in foster care, but some are with their family of origin. And, most children who leave foster care do so to return to their family.

We need people just like you who care about children and want to help!

Scan the QR code above to find out how you can become a volunteer or donate to Boone County CASA.



TOGETHER, WE CAN HELP A CHILD THRIVE.

#CHANGEACHILDSSTORY

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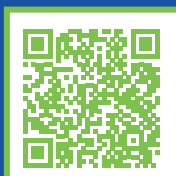


WHAT DO YOUR TRAVEL PLANS LOOK LIKE THIS YEAR?

Whether traveling domestically or internationally, CVG Airport provides service to more than 50 nonstop destinations. You can travel nonstop to Paris, France with Delta Air Lines, and new this year, hop on a nonstop flight to London and beyond with British Airways. If you can't make it across the pond, there are many more international destinations to consider like Canada, the Caribbean, and Mexico. If your plans involve domestic travel, you can travel in any direction from CVG. Another new airline at CVG is Breeze Airways, which now flies to several east and west coast destinations. You can travel south to any of the popular beaches in Florida or travel north to New York or Minneapolis.



SCAN HERE FOR MORE TRAVEL INSPIRATION!



[CVGairport.com/
nonstopdestinations](http://CVGairport.com/nonstopdestinations)



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Not valid on holidays. Expires: 7/31/2023

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Valid for foursome on weekdays before 1pm.
Not valid on holidays. Expires: 7/31/2023

BOONE LINKS-

Wednesday Senior Special: **\$27**^{+tax}

Valid for foursome on Wednesdays before 1pm.
Not valid on holidays. Expires: 7/31/2023

BOONE LINKS-

Miniature Golf Special: **\$5**^{+tax}

Valid for 18 holes of mini-golf.
Not valid on holidays. Expires: 7/31/2023

