

what's happening!

in OLDHAM COUNTY, KY

WHAT CAN OLDHAM COUNTY COOPERATIVE EXTENSION SERVICE DO FOR YOU?

Extension offers activities and answers questions in three main areas – 4-H Youth Development, Family & Consumer Sciences, and Agriculture & Natural Resources. We use research-based information to provide proven advice and learning opportunities for citizens. From classes and clubs to providing information, Extension is here to support the community. We've been helping grow families, farms, gardens, and future leaders since 1914.

UPCOMING PROGRAMS:

FALL COOKING CLUB (Ages 9 - 13)
4-class series begins
September 7, 4:30 pm

REGIONAL BEEF FIELD DAY
at Trimble County Park
September 27, 3:30 pm

SEWING CLUB (Ages 9 - 13)
4-class series begins
October 11, 4:30 pm

CULTURAL COOK ALONG 2.0
September 27, October 25,
November 29 via Zoom, 6:30 pm

CATTLEMEN'S ASSOCIATION
November 3, 6:30 pm

OLDHAM COUNTY AG CONNECTION
December 1, 6:00 pm

OLDHAM COUNTY EXTENSION
207 PARKER DRIVE, LAGRANGE, KY 40031

PHONE: 502.222.9453

FOLLOW US ON FACEBOOK!

EXTENSION PAGE: [FACEBOOK.COM/OLDHAMCO](https://www.facebook.com/oldhamco)

FAMILY & CONSUMER SCIENCES PAGE: [FACEBOOK.COM/OLDHAMCOUNTYFCS](https://www.facebook.com/oldhamcountyfcs)

OLDHAM.CA.UKY.EDU

THANK YOU 4-H CAMP VOLUNTEERS!

Thanks to our volunteer leaders and scholarship donors for making 4-H camp possible this summer. We had 320 campers spend a week at Lake Cumberland 4-H camp in June. Campers learned new skills and practiced leadership and self-reliance skills in individual and group activities. 4-H teaches skills that last a lifetime! Find out how you can help 4-H programs by calling 502.222.9453.

COMING SOON:

BASICS OF TRACTOR MAINTENANCE

BIG BLUE GOALS

A Program That Supports Healthy Lifestyles

MEAL KITS – ARE THEY WORTH IT?

WALKING KENTUCKY

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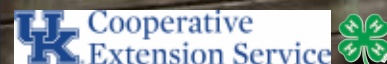
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Baptist Health Brings New Providers, New Services to Oldham County



MARY MANLEY, MD
BAPTIST HEALTH MEDICAL
INTERNAL MEDICINE &
PEDIATRICS
1023 NEW MOODY LN,
SUITE 201
LA GRANGE, KY
FOR APPOINTMENTS:
502.225.5520



Baptist Health has been invested in the wellbeing of Oldham County for more than three decades, providing convenient, high-quality care, close to home at Oldham County's only hospital, Baptist Health La Grange. As Oldham County continues to grow, Baptist Health is strengthening its commitment to the area by expanding services and bringing more providers to care for you and your family.

NEW PRIMARY CARE PHYSICIANS

Primary care physicians are doctors who specialize in you—a physician who knows you, your medical history and your family history. They can help when you have an illness, and provide preventive care and well visits to help keep you healthy.

ADAM NEFF, MD
BAPTIST HEALTH MEDICAL
GROUP PRIMARY CARE
INTERNAL MEDICINE &
PEDIATRICS
7101 W. HIGHWAY 22
CRESTWOOD, KY
FOR APPOINTMENTS:
502.241.6567



Baptist Health is excited to welcome three new primary care physicians to Oldham County:

Mary Manley, MD is joining Baptist Health Medical Group Internal Medicine & Pediatrics. **Adam Neff, MD** is board certified in internal medicine and pediatrics, joining Baptist Health Medical Group Primary Care at 7101 W. Highway 22 in Crestwood. Call 502.241.6567 to schedule an appointment with Dr. Neff.

Ryan Russell, DO is joining Baptist Health Medical Group Primary Care, located at 1019 Commerce Parkway and sees patients of all ages. Call 502.225.9098 to schedule an appointment with Dr. Russell. All three physicians are accepting new patients and ready to form a healthy partnership with your family.

RYAN RUSSELL, DO
BAPTIST HEALTH MEDICAL
GROUP PRIMARY CARE
FAMILY MEDICINE
1019 COMMERCE PKWY
LA GRANGE, KY
FOR APPOINTMENTS:
502.225.9098



NEW NEUROLOGY CLINIC

Coming in October, Baptist Health is opening an outpatient neurology clinic at 1009 New Moody Lane in La Grange.

The clinic will be the first of its kind in Oldham County, with neurologist **Patrick Matthiessen, MD** providing specialized care for conditions such as seizures, stroke, migraines, and Parkinson's disease. It will include medication therapy management services, including a specialty pharmacist to oversee complex medications and offer medication counseling services.

NEW TECHNOLOGY, NEW DOCTOR IN ORTHOPEDIC CARE

Recently named a high performing hospital for hip fracture procedures by US News & World Report, Baptist Health La Grange is bringing new technology into the operating room with the addition of two surgical robots to assist on orthopedic procedures. The robots, ROSA and CORI, are tools to provide surgeons with additional data, which helps ensure patients get the best result possible. **Nicholas Kenney, MD** and his team performed the first robotic assisted surgery on a total knee replacement in July.

Along with the new technology, the Baptist Health La Grange Orthopedic team is growing with the addition of **Jonathon Lindner, MD** allowing more patients to access high-quality, innovative orthopedic care close to home.

New Obstetrics and Gynecology physician OB/GYN **Thomas Edwards, DO** is joining Baptist Health Medical Group OB/GYN, located at 1023 New Moody Ln., Suite 103 on the Baptist Health La Grange campus. Call 502.222.5558 to make an appointment with Dr. Edwards.

Baptist Health La Grange is also excited to welcome **Erin Hopkins, DO** to the hospital's inpatient care team.

BAPTIST HEALTH IS HERE WHENEVER YOU NEED MEDICAL CARE—WITH A NEWLY EXPANDED EMERGENCY DEPARTMENT OPEN 24/7, AND AN URGENT CARE CLINIC OFFERING CONVENIENT CARE WITHOUT AN APPOINTMENT, EVEN ON WEEKENDS.



A Message from Mayor Jim Kramer



As Mayor of the City of Crestwood, I'm happy to welcome you to our wonderful community just outside of the greater Louisville area in Oldham County. We had a successful summer in the City and at the Maples Park with special events such as Arts on the Green, Car Shows and the new addition of music. The hope for next spring is to have a brand new amphitheater to stage music and performances. While we wait for that addition, we are proud to present the below park events schedule for fall and winter and hope you and your family can continue to make memories on these 22 beautiful acres at the Maples Park. The Dennis Deibel Barn is available for rent for family gatherings, graduations and weddings, etc. Contact the park email below for inquiries on availability and rates. See you at The Maples!

-Jim Kramer, Mayor



CRESTWOOD COMMISSIONERS:

DAVID BRYANT
RUSSELL CUNNINGHAM
DAVID HAIGHT
TERRY WEATHERS



FALL/WINTER EVENTS AT THE MAPLES PARK

SPECIAL EVENTS AT THE PARK

Please utilize the gravel parking lot adjacent to the rear entrance of the park at 6431 Railroad Avenue, Crestwood.

CARS AND (FOOD) TRUCKS SHOW

Featuring Misty Mountain String Band

SEPTEMBER 16, 5 PM - 9 PM

Come on out to the park to put your eyes on some unique rides courtesy of Barney Barnett's Quads, Rod & Custom Car Club. Listen to the fun tunes of Misty Mountain String Band courtesy of our sponsors Ellen Van Nagell Homes Remax (ellenshomes.com) and The Jones Group Fine Builders (thejonesgroupky.com). Indulge at the food trucks and enjoy the energetic music. Bring your own chairs to hang out! FREE event!



OPEN PLAY CAFÉ

Sponsored by Oldham County Public Library

SEPTEMBER 13 & OCTOBER 11 9:30 AM - 11 AM

Drop-in for some fun with the Oldham County Public Library at the Deibel Barn for a "play" date at this program featuring dramatic play for you and your little one, ages 3 & up. Enjoy coffee and play prompts at different stations throughout the space; each month will feature a different theme. This event is FREE!

HALLOWEENIE PET WALK

Sponsored by Adopt Me! Bluegrass Pet Rescue

OCTOBER 16, Time: TBD

A leisurely walk through the Maples Park for animal lovers and your animals too! Dress in your best costume and collect treats (no tricks!) along the path from event sponsors in the second annual fundraiser. Food trucks will be in attendance. No fee but see how you can help Bluegrass Pet Rescue raise funds & have fun by checking out their pledge page: <https://app.99pledges.com/fund/adoptmehal>.

PUMPKINS AND CARS

Sponsored by CW Automotives

OCTOBER 22, 9 AM - 2 PM

Come out to the park starting at 9am for Pumpkins and Cars! Car show sponsored by C&W Automotives of Crestwood! Come see sports cars, hot rods, exotics and imports! Stay for food trucks and let the kids paint pumpkins! Donations for local charity. Please call C&W to register your vehicle for show: 502.220.4088.



FALL CRAFT EVENT

Sponsored by Oldham County Public Library

OCTOBER 25, 2 PM

Kids can drop-in for some crafty fun with the Oldham County Public Library at the Deibel Barn. This event is FREE!



LIGHT UP THE MAPLES WITH CAROLING, COOKIES & COCOA

NOVEMBER 27, 5 PM - 7 PM

Come to the park for the Second Annual Crestwood sponsored holiday LIGHT UP ceremony! The Deibel Barn and Tree will be filled with lights again this holiday season. Help count down to turn the lights on! Come decorate festive holiday ornaments in the Deibel Barn FREE courtesy of Oldham County Public Library! Take an ornament home for your tree and hang one at the park tree! Caroling, Cookies, & Cocoa courtesy of Crestwood United Methodist Church! Let's get ready for the HOLIDAYS in Crestwood!

CITY OF CRESTWOOD
PO BOX 186, CRESTWOOD, KY 40014
CITY COMMISSION MEETINGS:
2ND WEDNESDAY EACH MONTH, 7:30PM
(JOIN AT DEIBEL BARN OR VIA WEBCAST)

THE MAPLES PARK
6826 HIGHWAY 22, CRESTWOOD
EMAIL: THEMAPLES@CRESTWOODKY.GOV
FACEBOOK: [@THMAPLESPARK](https://www.facebook.com/THMAPLESPARK)
EVENT UPDATES: [CRESTWOODKY.GOV/EVENTS](https://www.crestwoodky.gov/events)





WELCOME TO THE FALL EDITION OF "WHAT'S HAPPENING" IN LAGRANGE, KY, THE KINDNESS CAPITAL OF KENTUCKY.

School has started, the leaves are beginning to fall, and the cool brisk fall mornings and bright sunshine are once again upon us. With summer winding down, the progress in our Downtown continues as our volunteers, City Boards, Commissions and City Council are working together to build & design a very interesting Downtown Business & Entertainment District offering many unique experiences.

As we continue to recruit and tout our city as great place to live, work & play, our goal is to ensure that all those who frequent our Downtown will find a relaxing, clean and safe place to spend your weekends, evenings and leisure time. Our most recent addition, Springs Park Downtown will soon be joined by a new 7500 sq. ft. state-of-the-art skateboard park, the fall opening of the first phase of the Downtown Alley Loop, new restaurant concepts, wine bar, breakfast venue, art studios and other attractions. Really Exciting ideas keep coming; with a soon to be announced live streaming Radio Station on Main St. to be called Crossroads Radio!

Even though we talk about our Downtown District and the importance of keeping it vibrant and in the forefront, does not diminish the importance of our Business District throughout our City and the many businesses that are a part of our growing Community. As we continue to recruit Companies to choose Lagrange or Oldham Reserve Business Park to locate their business, surprisingly as it may seem; the Company Presidents and site selectors who are charged with making the final decisions, tend to give strong preference to those Cities that have a flourishing, vibrant and prospering Downtown appeal.

Even though the Downtown seems to be seeing new enthusiasm and energy, there are many new great announcements coming in the coming months in the I-71--New Moody Lane Area. As this message

hits your mailbox, I am hopeful that the intersection & turning lane improvement at Crystal Drive will finally be completed. I realize it has taken forever with unexpected delays however, I hope everyone finds the one-million-dollar transportation project to be considered a major improvement for the area. Additionally, to help alleviate the over congested area of Hwy. 53, the much-anticipated new ramps at the Louie Dampier Bridge will be "let" for public bid this month, September 22 with completion in late 2024. Once constructed these ramps will finally provide direct highway access into Oldham Reserve and possibly provide an alternate route as an escape route for the area and employment opportunities. The final leg of this project will be to complete the eventual Ernie Harris/Allen Lane highway loop to intersect at Hwy. 146, which is still moving forward with the construction of a tunnel underneath the CSX railroad tracks.

As an update referencing our Business Park, Oldham Reserve, Trilogy Health Care Services will be opening up their brand-new assisted care living facility in November 2022. This state-of-the-art 90,000 sq. ft. facility will offer approximately three different levels of assisted living for those wishing to stay closer to home in their aging years. We are so proud of the Trilogy's commitment and the beautiful setting that is offered while allowing many job opportunities for those seeking employment. Trilogy Health is the first example of many possible opportunities that now can become a reality because of the many years of hard work, infrastructure planning, utility & road design initiated by The Oldham-Lagrange Development Authority (OLDA), Partners & Staff. As a non-voting member of the OLDA Board, I promise to this community that we are pushing forward everyday by investing in this Business Park to attract everlasting job opportunities and new company attraction for many years into the future.

As most have heard on social media, there are numerous new businesses that have been mentioned or many would perhaps welcome to our city. As the old Ponderosa has finally bitten the dust, at this



press time, there are no plans or rumors as to what may be built on the site. We receive numerous calls as to why certain types of restaurants don't choose our city to locate. It is not that we are not trying and talking to those possibilities, however it is the old chicken and egg theory. Do the houses and rooftops required come first or do the businesses such as Chik-fil-A and Panera that everyone is asking about to come first? From the business standpoint and demographics, the chain restaurants say the rooftops must come first. The numbers they have quoted to us are about 250,000 residents in a five-mile radius. We definitely do not meet that requirement and most of the present residents that I talk to do not want us to meet that threshold anyway, because of many different reasons.

As your Mayor, I am committed to making this City the safest, cleanest, kindness, vibrant and most welcoming place to call your home. As a youngster growing up here, I want the children and families of this Community to always remember and cherish the memories of growing up in a small town. I truly believe that most everyone that has had the opportunity to experience our town, the train, our beautiful older buildings and meet those who either serve or operate a business, likely feeling that they are going back in time. I tend to believe that is a plus for us, primarily because many tend to get tired of the fast paced, get out of my way mentality. I believe our town is where one can escape and enjoy the good life. In closing, I would like to thank our present City Council for their dedication, stewardship and always trying to work together as a team, to ensure that we have the finest City in Kentucky. We have now worked together for the last four years and will continue to do so. I would always welcome your comments, suggestions, criticisms or any other ideas. I can be reached by email or phone on the next page. Thanks everyone for the opportunity to serve you. Come and See Us Soon!

Sincerely,

John W. Black
Mayor Of LaGrange

OFFICE OF THE MAYOR: JOHN BLACK



Mayor John Black
Mayor@LaGrangeKY.net
502.376.6799
City Hall: 307 W. Jefferson St,
La Grange, KY



CHIEF OF POLICE: GREG COLLETT



GCollett@lagrangeky.net
Emergency: 911



Non-Emergency Response: 502.222.0111
Crime Tip Line: 502.873.8945

Police Department: 502.225.0444
FAX: 502.225.9783
Website: lagrangepolice.com

PUBLIC WORKS DIRECTOR: COREY RUSNAK



CRusnak@lagrangeky.net
502.222.8594



The City of La Grange Public Works Department's core objective is to provide quality service to our city residents, which includes maintaining our 5 parks, roadways, street drainage, paint striping, snow removal, chipping service, mowing, signage and streetlights, sidewalk repairs, tree trimming and removal and city-owned building maintenance.

PARKS & RECREATION DIRECTOR: STEPHEN HALL



SHall@lagrangeky.net
502.222.1433



The City of La Grange Parks and Recreation objective is to create exciting events for friends and families to enjoy. Utilizing our 4 city parks, Eagle Creek golf course and the La Grange Community Center, the City of La Grange Parks and Recreation takes pride in bringing our community together. We are excited to announce that we will be opening a new Skate Park in Spring of 2023!



OLDHAM'S PUBLIC BUS: 502.222.6400

Transportation Supervisor: Katie Bechtold
For info on public bus service: lagrangeky.net/city-bus-service.html.

CITY OF LA GRANGE CITY COUNCIL

City Council meets first Monday of each month, 6:30 pm
at City Hall, 307 West Jefferson St, La Grange



TREY KAMER: 502.376.3391

tkamer@lagrangeKY.net
I appreciate the opportunity to continue working on making La Grange a vibrant and sustainable city for all citizens in our community to enjoy.



ELSIE CARTER: 502.639.1098

ecarter@lagrangeKY.net
Elsie Carter here, your roving representative from City Council, for any questions or problems in the city. You can find me after 10 am cruising the streets or hanging out at Dairy Queen. You can also find me on most Saturday nights on MAIN STREET at the old Central Hotel at 7 to 10 pm for Music On The Porch. Come hang out and let us hear from you.



DEBBIE POLLARD: 502.802.1883

dpollard@lagrangeKY.net
We have a Mayor who loves our town, is a great leader, and pushes City Council to think out of the box. I grew up here and love calling La Grange my home. The Springs Park is coming along and a lot of beauty is still yet to come!



BILL LAMMLEIN: 502.310.614

blammlein@lagrangeKY.net
It's a great place for a family and the bus runs on time.



LESLIE WRIGHT: 502.649.0994

lwright@lagrangeKY.net
There's a lot of wonderful things going on in our city. I'm so thankful to be able to be a part of it. Serving on City Council has been a fantastic opportunity to get involved and make a positive impact in the lives of the citizens here. Thank you for letting me be of service.



JASON TAYLOR: 502.702.9792

taylor4council@yahoo.com
It is an honor and a pleasure to represent the wonderful people of La Grange. I will continue to work hard every day for this city, standing up for your values and defending your freedoms. Thank you for giving me the opportunity to serve.



JOE DAVENPORT: 502.599.9504

jdavenport@lagrangeKY.net
I have always heard visitors say how friendly our city is. A place you can call a HOMETOWN.



ANDREA ESSENPREIS: 502.594.3711

aessenpreis@lagrangeKY.net
I am honored to be a voice for La Grange, the Kindness Capital of Kentucky. As community leaders, it is our job to set a positive, forward-seeking tone. And as a resident and business owner, I'm excited to see how the city will continue to grow from the opportunities we've been presented.

CITY OF LA GRANGE
CITY HALL: 307 W. JEFFERSON ST.
PHONE: 502.222.1433
MAYOR'S EMAIL: JBLACK@LAGRANGEKY.NET





Smokers CAN and DO quit smoking for good.

BE TOBACCO FREE
QUIT NOW 1-800-QUIT-NOW (784-8669)
KENTUCKY

Did You Know....

Tobacco use can lead to tobacco dependence and serious health problems. Quitting smoking greatly reduces the risk of developing smoking-related diseases.

Tobacco/nicotine dependence is a condition that often requires repeated treatments, but there are helpful treatments and resources for quitting. Smokers can and do quit smoking for good. In fact, since 2002 there have been more former smokers than current smokers.

QUIT NOW KENTUCKY HOTLINE:
1-800-QUIT-NOW (784-8669)

THE OLDHAM COUNTY HEALTH DEPARTMENT offers smoking cessation classes and counseling. Classes are held most Tuesday evenings from 6 PM to 7 PM and free Nicotine Replacement Products are offered (patch, gum or lozenge). Classes are free to the public.

Call the Oldham County Health Department at (502)222-3516 for more information.

Youth in Oldham County have healthy beliefs and are making good choices when it comes to using electronic cigarettes.

89%* youth report that they do not use electronic cigarettes regularly.

64%* youth report that they believe using electronic cigarettes regularly is harmful.

94%* youth report that their parents feel it would be very wrong or wrong for them to vape or use electronic cigarettes.

**information from the CDC*

FOR YOUTH THAT WANT TO QUIT or parents that want to encourage their teen to stop using electronic cigarettes, helpful information can be found through the American Lung Association at www.lung.org.

There are resources for teens that are currently using electronic cigarettes and want to quit.

**SMOKEFREE TEEN
SMOKEFREE TEXT
QUITSTART APP
OR TEXT "DITCHJUUL" TO 88709**

Youth in middle and high school that are interested in helping promote healthy beliefs and choices can sign up for **Youth Linking Oldham County**, an advisory board connected to the Coalition for a Healthy Oldham County.

**Data from the 2021 KIP Student Survey, 10th and 12th grade.*



Youth Linking Oldham County [YLOC]

Youth Linking Oldham County, or YLOC, is a youth-led advisory board for the Coalition for a Healthy Oldham County. YLOC was founded in 2017 by youth from North Oldham High, Oldham County High and South Oldham High with a focus on preventing and reducing substance use and mental health concerns of teens. The mission of YLOC is to create a safer and more positive environment for students by advocating for a healthier lifestyle and promoting a shift in social norms.



Since 2017, YLOC members have participated in local and national trainings, successfully advocated for local policy change, hosted two regional youth trainings in partnership with Seven Counties Services Regional Prevention Center and regional Drug Free Community grantees, hosted educational geocaching events for local middle schools and created radio and video public service announcements.



YLOC is currently looking for middle and high school students interested in creating a healthier community to serve on our youth board. Contact Liz Burrows at 502.222.3516, x143 for more details or to complete an application.

For more information please follow our Facebook page: **YOUTH Linking Oldham County.**





From the Desk of Judge/Executive David Voegele



Questions are raised frequently about a beginning and completion date for the new courthouse building in LaGrange.

After being moved three times during the past few months, the historic section of the Oldham County Courthouse is now at its permanent site and ready for a two-story addition which will span most of the courthouse block along Jefferson Street, from First to Second Street.

Multiple steps are required to begin construction, and most are now complete. With the old building in place, plans have been finalized and construction bids are being sought. After bids are received and examined, and contractors selected, construction will most likely begin in November.

Although construction is anticipated to begin, the length of time needed to complete the building is fraught with potential delays.

This uncertainty is not ours alone. Many construction companies in our region are already committed to existing or planned projects. This circumstance, along with rising inflation, supply chain volatility, and the shortage of various skilled trade workers,

may pose serious delays, causing Wehr Construction, our general contractor, to push back the completion from the fall of 2024 to the fall of 2025.

Obviously, this news is very disappointing, and we are hoping these new projections will prove overly cautious.



Even with the building estimate at \$40,970,000 there is enough funding in the budget to complete the project. However, if bids received push the number higher, more funding will be needed from the legislature. The county's contribution is capped at \$2,530,000.

LEWIS AND CLARK TRAIL

Congratulations to Oldham County Tourism and Oldham County Parks for their new collaborative program,

the Oldham County Lewis & Clark Trail.

Oldham County Tourism was given the unique opportunity by the Lewis & Clark Foundation to develop an Official Lewis & Clark National Historic Trail that would highlight Highway 42 and the Ohio River. This Trail would then be marketed by the Lewis & Clark Foundation and the National Park Service.

Tourism viewed creating a Lewis & Clark Trail as an opportunity to develop a much-needed project specific to Westport and the Ohio River, one which incorporates hands-on experiences at our county parks and will also attract visitors to the county.

Six locations have been chosen to promote the entire county, from Creasey Mahan Nature Preserve at the start, to a Goshen bison farm on Hwy 42, then on to four county parks from Westport to Crestwood and La Grange. Each stop has a Lewis & Clark activity for those age 6-15 years old. Once completed, the participant will then be eligible to earn an official Oldham County Lewis & Clark Trail Pin and Junior Explorer Certificate.

This new Oldham County program has already gotten national kudos, as it's the only Lewis & Clark Historic Trail Program in the country developed from scratch by its own community.



COUNTY SPOTLIGHT

County government is staffed by many dedicated and skilled individuals. These individuals are known among the community members, service organizations and vendors, but may remain largely unfamiliar to the community at large.



BEN KIMBLER has been with county road department for 11 years. He was named Superintendent in October of 2020. Ben supervises 13 fulltime employees in our Road Department. Ben's favorite hobbies include all sorts of metal working, forging, blacksmithing and making knives. All his knives are 100% handmade on equipment built himself.



POLLY HELTON is Director of our Animal Control Department. Polly began with the county in 2009 and was promoted to department director in 2018. Polly is responsible for the safe keeping and eventual return to owners or adoption of the dogs, cats, livestock, and occasional exotic animals acquired by the department. In her free time, Polly enjoys wild-life rehabilitation, sewing and creating art using various mediums.



SIDNEY FUNK is Assistant Road Superintendent, joining the department in 2015. Sidney's mechanical skill has been invaluable in keeping the department's equipment in good condition. On weekends, he enjoys hunting, fishing, boating, and riding his Polaris.



For the past six years, **RUSS KIESEWETTER**, has been our manager of the recycling center on Jones Drive in Buckner. A staff of one part-time individual and several inmates from our detention center assist Russ with a large volume of paper, cardboard, rigid plastics, metal and aluminum, batteries, and electronics.



BECKY ZOCKLEIN has been working with fiscal court since 2013, initially as a grants coordinator and a then later as Solid Waste Coordinator. Becky supervises volunteer groups who wish to raise funds by helping keep roadsides free of litter and is very involved with environmental activities in the county.



Upcoming Events and Activities



Electronics Collection Event

SATURDAY, APRIL 15TH, 2023

9:00 A.M. TO 12:00 P.M.

OCHS STUDENT PARKING LOT

1150 KY-393, LA GRANGE, 40031



TIME TO GET RID OF BROKEN AND OUTDATED DEVICES!

ROLLIN' ON THE RIVER FOOD TRUCK FESTIVAL

October 1st

Back for 2022 - our Rollin' on the River Food Truck Festival in Schamback Park – Westport, KY. Join us October 1st for food, music, and fun for the whole family! FREE ADMISSION! Our bands include the Whiskey Bent Valley Boys, Stereo Impulse, and The Bottle Trees. Some new food vendors are lined up this year along with favorites from past years: Annie Up Pizza Cones, Copper Kitchen, Good Belly Sandwich Truck, Hurrikanes, Sweet & Savory, and Fitz Freeze. We'll have Mile Wide Beer and Hive & Barrel Meadery adding to the fun, from 11:00 am to 6:00 pm. You don't want to miss this!

HALLOWEEN "SPOOKTACULAR" TRUNK OR TREAT

October 15th, 11:00 a.m - 1:00 p.m.

Our FREE Halloween event will be held in the lower parking lot at Wendell Moore Park. Hayrides, a costume contest for kids (ages 0-12), Halloween games and a safe trick or treating highlight the event. Treats are available for all kids!



SKELETON 5K

October 15th 8:00 a.m.

Skeleton 5K will be held on Saturday, October 15th at Wendell Moore Park beginning at 8:00 a.m. Awards are given in a variety of age groups. Early registration costs \$30, late registration is \$40.

360° CHIROPRACTIC "TURKEY TROTTER" 5-MILER

November 19th - 8:00 a.m.

Come take on our unique course at the annual 360° Chiropractic "Turkey Trotter" 5-Miler on Saturday, November 19th, beginning at 8:00 a.m. The race will start and finish at Wendell Moore Park in LaGrange. Early registration is \$30.00; late registration (November 1st - race day) is \$40.00. Awards are given in a variety of age groups and all participants receive a T-shirt and finish medal. Volunteers needed for this event, call us to help out!

MERLOT & MONET

Check our website for dates and times.

Plan a fun night out with friends or family to a paint and have a glass of wine at the John W. Black Community Center. We provide the first glass of wine and snacks while you work on your masterpiece with an instructor. This class is 21 and over. Check our website for dates and times.

PARENTS NIGHT OUT

December 2nd and 16th

Parents let us take care of your kids while you get out and finish up that needed shopping. Our Parents Night Out is a fun filled night for the kids at the John W. Black Center! Kids will create winter wonderland crafts and play holiday games throughout the night. We will provide the snacks! Children must be 5 to 9 years old. Register early to make sure you get a spot.



LETTERS FROM SANTA

Due to Santa's busy holiday schedule, letters can only be mailed December 1st-14th.

The Oldham County Parks and Recreation Department has made arrangements with the North Pole Post Office to have Santa contact your child by mail during the holiday season. Go to oldhamcountyky.gov to print off the Santa Letter information form.



BREAKFAST WITH SANTA

Saturday, December 10th 8:00 a.m. - 11:00 a.m.

Food, fun, and a visit from the Big Guy in Red! Join us at the John W. Black Community Center for this great community event and start a new holiday tradition. Be sure to bring a new toy to be donated to "Toys For Tots"!

FATHER/DAUGHTER DANCE

January 27th & January 28th, 2023

This event has become so popular, we're now offering two nights, Friday, January 27th & Saturday, January 28th! Dads and their best girl (or girls) can come out to the John W. Black Community Center for a fun-filled night of dancing and contests. A live D.J. and refreshments from the Louisville Chocolate Fountain accentuate the evening as well as a photographer for capturing this special moment. The \$30.00 per couple cost includes a rose for your date. For multiple daughters, add \$5.00 each. Tickets go on sale December 1st and must be purchased by January 24th at 4:00 p.m. Maximum of 75 couples per night.

DOWN & DIRTY OBSTACLE MUD RUN

May 20th, 2023 - 8:00 a.m.

The OCPD Down & Dirty is a 5K obstacle course mud run that anyone age 7 and over can conquer. Come take on multiple obstacles that will challenge you physically and mentally as you traverse over walls, and through the mud to the finish line. All finishers receive a medal, a t-shirt and a \$5.00 food voucher for the after party. Join your fellow mudders at the after party and grab some needed grub and recount your accomplishment with friends and family.



CURRYS FORK WATERSHED

2022 Oldham County BioBlitz Challenge!

EXPLORING NATURE IN YOUR OWN BACKYARD

"A BioBlitz is a communal citizen-science effort to record as many species within a designated location and time period as possible (iNaturalist.org)." All are welcome to participate in Oldham County's 1st County-Wide BioBlitz Challenge!

Our goal is to encourage more time outside and to learn about local biodiversity all around us. It's simple to participate! During the entire month of September use the iNaturalist app to take pictures of plants and wildlife.



Join in on a scheduled nature walk or go out on your own. Observations for the month will be compiled and shared.

OCPD "OLD HAM" HALF MARATHON

June 10th, 2023 - 8:00 a.m.

Join us for the 2nd annual OCPD "Old Ham" Half Marathon on June 10th at 8:00 a.m. in LaGrange. Don't miss your chance to run through Oldham Reserve and win a ham. All participants will receive a race shirt, race bib, post-race refreshments and a finish medal. Registration begins at \$75 and will increase as the race gets closer. Registration will go live on December 1st.

Oldham County Parks is looking for sponsors and volunteers for the "Old Ham" Half Marathon. If you are interested please call Gary at 502.225.0655. There are many different sponsorship levels to choose.

Programs and Events

RAIN BARRELS!

All Oldham County Residents are eligible for up to a \$50 reimbursement.

FALL 2022 TREE GIVEAWAY

All Oldham County residents are eligible to request free live stakes and bare-root seedlings that they will plant along the stream or waterway on their property. Requests due 10/15/2022! To request trees, go to: www.bit.ly/OLDHAMFALLTREES2022

SEED SWAP @ the La Grange Farmer's Market: September 24th

NATIVE PLANT SEED BOMB MAKING

@ the Oldham-LaGrange Library: October 5th

DID YOU MISS OUR POND AND LAKE MANAGEMENT FIELD DAY?

Watch the recording here: www.bit.ly/PONDFIELDDAY2022

COMMUNITY POLLINATOR GARDENS

The best way to learn is to do! Come out to help maintain one of the gardens, and take extra seeds and plants home to help your own garden grow!



facebook.com/groups/oldhampollinatorgardens



Promoting Conservation of Natural Resources

State Conservation Districts were created as a direct result of the dust-bowl of the 1930s. President Franklin Delano Roosevelt recommended the Standard State Soil Conservation Districts Act be signed into law by all state governors. The Oldham County Conservation District was created in 1946. Although much has changed over the decades, our mission remains the same: *to promote voluntary conservation of the county's natural resources of soil, water, woodland, and wildlife.*

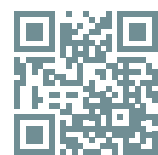
The conservation districts were formed originally to help farmers implement conservation tactics, but with the change in our agricultural landscape our conservation district now has programs for all sorts of landowners. We offer programs that backyard gardeners and those in a more urban landscape can utilize as well.

SOIL TESTING VOUCHER PROGRAM:

County residents may request up to 5 vouchers per year to cover the cost of soil testing at the Cooperative Extension Service (a total value of \$50). Funding is provided through the Oldham County MS4 stormwater program.

FOLLOW US ON FACEBOOK!
@OldhamCo.ConservationDistrict

OLDHAM COUNTY SOIL & WATER CONSERVATION DISTRICT
1002 BUCKNER CTR., SUITE 4, LAGRANGE, KY 40031
PHONE: 502.702.9090
EMAIL: OLDHAMSWCD@GMAIL.COM



BACKYARD COMPOSTING PROGRAM:

Receive a free portable Geobin Composting System (while supplies last) when you watch our video titled "Composting 101" and take a short quiz at the end. To navigate to the video please call or email the office. Funded using a grant from the Kentucky Division of Waste Management.



STATE COST SHARE PROGRAM:

Covers 75% of project cost for things like cross fencing, seeding, stream crossings, auto-waterers, etc. Info and applications available on our website.

POLLINATOR HABITAT/WILDFLOWER GARDEN:

The Conservation District will reimburse residents 50% (up to \$150, with an approved application) upon installation of a pollinator habitat/wildflower garden.

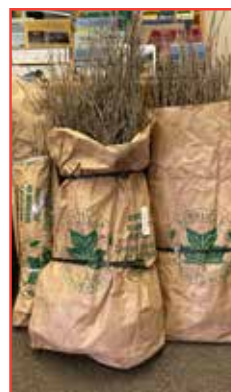
ENVIRONMENTAL QUALITY INCENTIVE PROGRAM (EQIP):

Federal program that provides funding for farm projects of a larger scale. Info and applications available on our website, listed at the top of the page.

Annual Events

TREE SEEDLING GIVEAWAY:

The annual seedling giveaway has been a staple in the community for many years now. In 2022 we gave away nearly 3,000 seedlings!



The tree giveaway for 2023 is in the works right now, follow us on Facebook to stay in the know!

ART AND WRITING CONTEST:

Each year, the Conservation District, in partnership with the Farm Bureau Federation, administers the Jim Claypool Art and Conservation Writing Contests. Each year a different theme is chosen and students throughout the county can enter their art and writing.

Congratulations to Reese Riley, a 3rd grader from Saint Aloysius, our Conservation Art winner for 2021!

Congratulations to Mackenzie Smith, an 8th grader from St. Aloysius, our Conservation Writing winner for 2021!



Mental Health in Oldham County



WHAT IS MENTAL HEALTH?

Mental health is a state of mental well-being that enables people to cope with the stresses of life, realize their abilities, learn and work well, and contribute to their community. It is an integral component of health and well-being that underpins our individual and collective abilities to make decisions, build relationships and shape the world we live in. Mental health is a basic human right. And it is crucial to personal, community and socio-economic development.

Mental health is more than the absence of mental disorders. It exists on a complex continuum, which is experienced differently from one person to the next, with varying degrees of difficulty and distress and potentially very different social and clinical outcomes.

Mental health conditions include mental disorders and psychosocial disabilities as well as other mental states associated with significant distress, impairment in functioning, or risk of self-harm. People with mental health conditions are more likely to experience lower levels of mental well-being, but this is not always or necessarily the case.

WHAT ARE THE DETERMINANTS OF MENTAL HEALTH?

Throughout our lives, multiple individual, social and structural determinants may combine to protect or undermine our mental health and shift our position on the mental health continuum.

Individual psychological and biological factors such as emotional skills, substance use, and genetics can make people more vulnerable to mental health problems.

Exposure to unfavorable social, economic, geopolitical, and environmental circumstances—

including poverty, violence, inequality, and environmental deprivation – also increases people's risk of experiencing mental health conditions.

Risks can manifest themselves at all stages of life, but those that occur during developmentally sensitive periods, especially early childhood, are particularly detrimental. For example, harsh parenting and physical punishment is known to undermine child health and bullying is a leading risk factor for mental health conditions. Protective factors similarly occur throughout our lives and serve to strengthen resilience. They include our individual social and emotional skills and attributes as well as positive social interactions, quality education, decent work, safe neighborhoods, and community cohesion, among others.

WHAT IS OLDHAM COUNTY DOING?

As part of the community health assessment (CHA) process to inform Oldham County's three-year Community Health Improvement Plan (CHIP), the Coalition for a Healthy Oldham County conducted a Local Public Health Needs Assessment with coalition members, health department staff, and key individuals from the community. The 2021 assessment identified resources that can contribute toward goals identified during strategic planning and identified existing gaps and barriers that require attention. One of the main goals identified was the need to: Create a Community Culture that Supports Mental Health.

The following objectives were identified to meet this goal:

- EXPAND HEALTH SERVICES TO ADDRESS CO-OCCURRING ISSUES.
- DECREASE BARRIERS TO TREATMENT.
- COMPILE, DEVELOP AND DISSEMINATE LOCAL RESOURCES.

- DECREASE STIGMA AND NORMALIZE MENTAL HEALTH SUPPORT AND TREATMENT.

- MAKE MENTAL HEALTH SERVICES READILY AVAILABLE IN CONNECTION WITH OTHER VITAL SERVICES ALREADY PROVIDED.

The Oldham County Health Department and the Coalition for a Healthy Oldham County, alongside many community leaders, is working together to address the objectives and meet this goal. Promotion and prevention programs should involve the health, education, labor, justice, transport, environment, housing, and welfare sectors. The health sector can contribute significantly by embedding promotion and prevention efforts within health services; and by advocating, initiating and, where appropriate, facilitating multisectoral collaboration and coordination.

A COMMUNITY MENTAL HEALTH RESOURCE MEETING WILL BE HELD ON SEPTEMBER 28, 2022, 10:30 A.M. – 12:00 P.M. AT THE OLDHAM COUNTY HEALTH DEPARTMENT.

A GAP ANALYSIS RELATED TO MENTAL HEALTH SERVICES WILL BE COMPLETED DURING THIS MULTISECTORAL COLLABORATION.

PLEASE CALL 502-222-3516 OR EMAIL ELIZABETHBURROWS@KY.GOV TO REGISTER TO ATTEND.

Information contributing to this article was sourced from the World Health Organization. (www.who.int)



1786 COMMERCE PKWY, LAGRANGE, KY 40031
PHONE: 502.222.3516 FAX: 502.222.0816
MONDAY + WEDNESDAY: 7:30 AM - 4:30 PM
TUESDAY + THURSDAY: 7:30 AM - 6 PM
FRIDAY: 7:30 AM - 4 PM

Library Shares New Goshen Branch Designs

The design process for Goshen's new library is well underway! Since receiving a generous land donation, the library and its Goshen patrons have been buzzing about the arrival of its new branch. The library staff witnessed the enthusiasm firsthand at their Oldham County Day booth, where they shared design plans from project-partner Studio Kremer Architects with the public. "It's wonderful to see the community so excited about this addition to our library system," says Susan Bunting, Branch Manager for the Goshen Library. Current plans for the new library include a 16,000-square-foot building that adjoins a 1,000-square-foot County Clerk's Office—a welcomed increase from the Goshen library's current space of 3,000 square feet. "We're thrilled that the new building will allow us to not only grow our collection but also create more public gathering spaces for the community," says Julie Wilson, Library Director. The new library will still be close by for local patrons, located only 1.2 miles from the current Goshen Library.

To help fund this project, the Oldham County Public Library won a competitive grant from the Kentucky Department for Libraries & Archives through the Public Library Facility Construction (PLFC) Fund program of \$160,000 a year for 20 years to assist with bond repayment. This totals a \$3.2 million-dollar investment from the state budget into Oldham County. These resources will create much-needed new spaces including a large children's department, a dedicated teen area, and several community meeting rooms of different sizes. Many beloved aspects of the current building will also be emulated in the new design: "We know so many patrons love the warm feel of our current branch, and we want to take that coziness with us to the new building!"



says Bunting. Some features that will remind patrons of that quaint atmosphere include a covered reading porch, a walking trail, an amphitheater, and an outdoor children's discovery garden. "We want the public to be able to enjoy these outdoor spaces, even outside of the library's regular hours," says Bunting.

These new features will help the library evolve into a fully accessible community center for all Oldham County residents. They will also allow the library to expand its services

and engagement through increased programming and community events. "The new building is an exciting step forward, enabling us to provide the services this county deserves in a space they can enjoy," says Wilson. "These designs represent a vision we've been dreaming up for a long time, and we are delighted to finally share them with you."

Want to stay informed on the library's progress with the new building? Sign up for their Construction Newsletter: www.oldhampl.org/Library-Construction-News

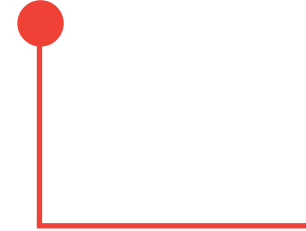
For media inquiries about the Goshen Library Building Project, please contact Julie Wilson, Library Director, at 502.222.9713, ext. 304.

LIBRARY BOARD OF TRUSTEES

- Jennifer Proud, President
- Amanda Ross, Vice President
- Siobhán Gallaher, Treasurer
- Lonnie Hardin, Secretary

The Library Board is proud to welcome Michael Plumley as its newest member!

Volunteer in our Community Pollinator Garden



The LaGrange Library happily welcomed a new pollinator garden to its grounds this past spring as part of the #PlantWildflowers initiative. This program aims to educate the public about local pollinators and what they can do in their own backyard to help protect them. The OCPL is proud to add this new garden to its LaGrange Library. Now, we need help from our community to keep it growing! There's

no need to be an expert at identifying plants. We'll get you all the information you need, and even join you for your first week to get started! Individuals, pairs, and families are all welcome! Getting involved is easy! Learn more and sign up to help weed the garden: www.bit.ly/OldhamPollinatorGardens



Serving Up "Open Play Café"

Drop by the barn at The Maples Park to enjoy some coffee, chat, and engage in dramatic play with your little one! This monthly program provided by the library in partnership with The Maples Park is geared for ages 3 and up. Each month has a different theme—from construction to science to oceans—with corresponding open-ended activities for kids and caregivers to enjoy together. Join us for the last Open Play Café of 2022 on October 11th from 9:30–11:00 am. Open Play Café is a free event that does not require registration. We hope to see you there!

Want to stay in touch with the Library and learn about all the new events, programs, and services offered each month? Follow us on social media or sign up for one of our email newsletters to be the first to know!

NEWSLETTER SIGN UP:
www.oldhampl.org/Digital-Newsletters



LA GRANGE BRANCH
308 YAGER AVENUE,
LA GRANGE, KY 40031

SOUTH OLDHAM BRANCH
6720 W. HWY 146,
CRESTWOOD, KY 40014

GOSHEN BRANCH
12505 HARMONY LANDING RD.,
GOSHEN, KY 40026



TIME DATED

OLDHAM COUNTY KY

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whatshappeningnews.com

OLDHAM COUNTY WATER DISTRICT

Here at Oldham County Water District, we take pride in providing excellent water and displaying great customer service. The front office staff is the first point of contact for customers. The community is our number one priority, and we strive to create an extraordinary customer service experience. Meet the friendly front office staff at Oldham County Water district:

“The community is our number one priority, and we strive to create an extraordinary customer service experience.”

Russ Rose, CEO



WANDA STUCKER

Wanda has been with Oldham County Water for 10 years. She is a multi-tasker and loves to stay busy. She is quick to assist customers on the phone, in the office, and drive-thru, always with a smile on her face. She actively communicates with the field crew to ensure that customer needs are met. Some fun facts about Wanda: She enjoys watching UK sports. Outside of work, Wanda likes to hike, go to the lake, and travel to the beach with family and friends. Wanda's favorite part about her job is helping customers troubleshoot when they have a concern and working with them to find a solution.



BRAD CRUM

Brad has been with Oldham County Water for 20 years. He is devoted to providing excellent service to customers and always has a positive attitude. Brad is a team player and has tons of knowledge and experience. He collaborates with service workers daily to support operations. Some interesting facts about Brad: His favorite restaurant is La Cocina de Mama. When Brad is not at work, he likes woodworking and going hiking. His favorite part about the job would be the team he works with and creating long-lasting relationships with people.



OLDHAM COUNTY WATER DISTRICT
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WE ARE ALWAYS HAPPY TO ASSIST YOU WITH ALL YOUR WATER NEEDS.

FOLLOW US ON FACEBOOK FOR UPDATES AND TO STAY INFORMED!



OLDHAMCOUNTYWATER.COM