

# WHAT'S *Happening!* in Oldham County, Kentucky™



Fall 2020/Winter 2021

## Taking care of your mental health during COVID-19

*It's normal to feel sad, stressed, confused, scared, or angry. Talking to people you trust can help.*

**Prioritize your mental and physical health.** For example, make sure you're getting enough sleep, exercising, and eating healthy. Also, spend time in nature and have social interaction with friends and family at home or online. **Prioritize your mental health to stay #abovetheinfluence.**

**Be flexible.** We are all navigating new routines, changing circumstances, and new requirements. It's ok if things don't go as planned or as smoothly as you had hoped. We are learning as we go.

**Maintain your rituals.** Keep scheduling family and friend time like Taco Tuesdays, walks, game times, or weekly movie nights. This can help add a sense of structure and routine.

**Practice healthy coping skills and reach out for help.** Do activities that you enjoy, calm you down, or focus your mind and body. These could be arts and crafts, physical activity, listening to music, reading, journaling, watching TV or movies, or chatting with friends. If feelings do not improve, reach out to a trusted adult or mental health professional.

**If you are worried...** about the mental health of someone you love, you can reach out to the **National Suicide Prevention Lifeline at 1 800 273-8255 (TALK)** or the **Crisis Text Line (text TALK to 741741)** to get some guidance on how to get help for you or your loved one

*Source: American Foundation for Suicide Prevention and Mental Health First Aid*



[coalitionforahealthyoc.com](http://coalitionforahealthyoc.com)

### MEETING DATES:

September 30, October 28, December 2  
12:30 pm at CityPlace and via Zoom.

### In this issue:

Baptist Health: 6  
Coalition for a Healthy  
Oldham County: 1  
Curry Fork Watershed: 5

OC Cooperative Extension  
Service: 12-13  
OC Fiscal Court: 3-5, 16  
OC Health Department: 11-12

OC Public Library: 7-10  
OC Soil & Water  
Conservation District: 14-15

OC Water District: 2  
Oldham KY Tourism &  
Conventions: 14

## YOU are Oldham County Water's top priority during COVID-19

Oldham County Water District's top priority is to keep our community healthy and we are committed to providing our customers with high-quality, safe water with reliable service throughout the pandemic.

### Water quality

The COVID-19 virus has not been detected in any of the nation's drinking-water supplies. The EPA has reinforced that our disinfection

process is effective in neutralizing COVID-19. Based on current evidence, the risk to water supplies is low. Americans can continue to use and drink water from their tap as usual.

At Oldham County Water we are taking proactive measures to ensure we can continue to provide our customers with water services throughout this crisis. Health officials say the provision of safe water, sanitation and hygienic conditions

is essential to protecting human health during all infectious disease outbreaks, including the coronavirus outbreak. Frequent and proper hand hygiene is one of the most important things we all can do to prevent infection. That means washing your hands often with soap and water for at least 20 seconds.

For more information, we recommend you visit the CDC, EPA and state health department web

pages for the latest updates:

**CDC** – <https://www.cdc.gov/coronavirus/2019-ncov/about/index.html>

**EPA: Drinking Water & Wastewater FAQs** – <https://www.epa.gov/coronavirus/coronavirus-and-drinking-water-and-wastewater>

**Kentucky's Department of Public Health** – [www.kycovid19.ky.gov](http://www.kycovid19.ky.gov)

## Bill payment options and assistance

Oldham County Water recognizes that many of our customers are dealing with challenging financial situations. If you have trouble paying your Oldham County Water District bill, please reach out to us. We want to help and will work with you for your individual situation. One option for assistance is the Team Kentucky Fund. Your local Tri-County Community Action Agency is assisting with the collection, evaluation of applications and dispensing the generous Team

Kentucky Fund donations as quickly as possible to those in need.

### Team Kentucky Fund applications open!

Utilizing Team Kentucky Funds, Community Action Kentucky will provide eligible applicants with financial vouchers of up to \$1,000 per household. Vouchers may be used to help offset the following approved expenses: Rent, Mortgage, Food/Grocery and Utility Costs. Applicants must be able to provide proof of adverse

financial impact due to COVID-19 under the standards established by the Commonwealth.

**Apply:** A complete overview of eligibility requirements, required documentation and the online application can be found by visiting [www.teamkyfund.ky.gov](http://www.teamkyfund.ky.gov). If you are unable to complete the application online and need a hard-copy application, please contact your local Tri-County Community Action Agency office or visit [www.tricountycaaky.org](http://www.tricountycaaky.org).

**Questions?** For questions regarding the application process or to submit a hard-copy application, please contact the Tri-County Community Action Agency in Oldham County 502/222-1349.



## Looking to avoid social interaction due to Coronavirus precautions?

We have a variety of payment and account management options that you can use from the comfort of your own home. You can manage your account on our website. You can also call 502/222-1690 and select our Pay By Phone option or speak with one of our Customer Service representatives. Our lobby is closed, but our dedicated employees will be

working. You may choose to use our drive-thru window or drop box. If you have additional questions, please feel free to contact a member of our Customer Service team:

- By phone: 502/222-1690
- By email: [ocwd@oldhamcountywater.com](mailto:ocwd@oldhamcountywater.com)
- In person: 2160 Spencer Court, LaGrange, KY 40031

### Oldham County Water District

2160 Spencer Court, LaGrange, KY 40031  
Mailing address: P.O. Box 51, Buckner, KY 40010  
Our office hours are Monday through Friday, 8 am - 4 pm

502/222-1690  
[www.oldhamcountywater.com](http://www.oldhamcountywater.com)





# Household Hazardous Waste Collection

Saturday, October 3 • 9 am-3 pm  
OLDHAM COUNTY FAIRGROUNDS  
2401 W. Highway 146

## Acceptable items

- Oil-based or lead paints, varnishes, stains and solvents such as paint thinner, mineral spirits, degreasers, wood preservatives
- Compact and tube fluorescent light bulbs, PCB ballasts
- Freon cylinders, (small and medium) propane tanks (1 lb. and 20 lb. grill,) and fire extinguishers
- Antifreeze, gasoline, adhesives, tars, driveway sealers
- Lawn, garden and pool chemicals, pesticides, herbicides and fertilizers
- Cleaners such as oven, drain, bathroom, rug, upholstery, spot removers; furniture polishes and waxes
- Metal polishes, waxes and rust removers

- Smoke detectors, mercury thermometers, thermostats and loose mercury
- Dry cell batteries including lithium with taped contacts, NiCad and alkaline

## Items not accepted

- **Materials from businesses and non-residents of Oldham County**
- **No motor oil**
- **No latex or water-based paint**
- **No lead-acid batteries (accepted at the Oldham County Recycling Center)**
- Explosives such as gun powder, ammunition and flares
- Medications, regulated medical waste; or unstable wastes as determined by the contractor
- Radioactive materials



*Oil-based or lead paints, varnishes, stains and solvents are some of the many items accepted at the Household Hazardous Waste Collection event in October.*

## QUESTIONS? CALL 502-565-1007

*This collection event is funded through a grant from the State of Kentucky Pride Fund and the Oldham County*

*Environmental Authority Storm Water Program. It is made possible by the Oldham County Solid Waste and Recycling Department.*

## Oldham County Recycling Center has reopened!

*3943 Jones Drive across from Oldham County High School*

### The Oldham County Recycling Center is now accepting these clean, loose recyclable materials:

- Flattened cardboard – no foam or plastic packing;
- Paper meant for reading or writing – no napkins, tissues, etc;

- Clean metal food and beverage containers;
- Clean rigid plastic containers – no bags, toys, foam;
- Electronics – no tube or projection style televisions.

This is a free drop-off facility, open from dawn to dusk, 7 days a week. Video-monitoring is used and enforced. Please observe physical distancing while using the facility.

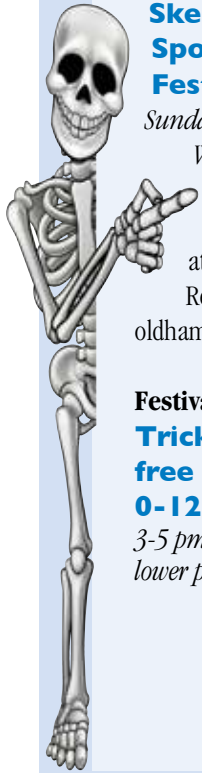
If in doubt about any item, please call 565-1007!

**In order to adhere to CDC and OSHA guidelines for safe handling of materials to prevent COVID-19 transmission, all materials must be clean, dry, and loose.**

**Items dropped off in plastic bags of any kind will not be recycled.**

# Oldham County Fiscal Court — Parks and Recreation

## UPCOMING EVENTS



### Skeleton 5K & Spooktacular Festival

Sunday, Oct. 18  
Wendell Moore Park  
Race begins at 2 pm.  
Register at [oldhamcountyky.gov](http://oldhamcountyky.gov).

Festival includes **Trick or Treat free for ages 0-12**  
3-5 pm  
lower parking lot

### Turkey Trotter 5 Mile Run/4K Walk

Saturday, Nov. 21  
Wendell Moore Park  
Race begins at 8 am. Register at [oldhamcountyky.gov](http://oldhamcountyky.gov)



## COME TO THE PARKS:

**Wendell Moore Park** • 1551 N. Hwy. 393, LaGrange - 107 acres  
*lake for fishing, paved walking trails, tennis courts, basketball courts, pickleball courts, archery range, disc golf course, dog park, playground, softball fields, covered picnic shelters available for rent, John W. Black Aquatic Center, and John W. Black Community Center*

**Briar Hill Park** • 7400 E. Orchard Grass Blvd., Crestwood - 52 acres  
*tennis courts, walking and BMX bike trails, playground, volleyball courts, basketball courts, covered picnic shelter available for rent*

**Peggy Baker Park** • 6887 Rt. 2858, Crestwood - 25 acres  
*paved walking trail, playground, dog park, basketball court, covered picnic shelter available for rent*

**Morgan Conservation Park**  
1200 Ky Hwy. 524, LaGrange - 217 acres  
*biking trails, covered picnic shelter*

**Schamback Park at Westport** • 6617 Main St., Westport - 5 acres  
*riverfront, boat and kayak ramps, fishing dock, playground, covered picnic shelter*


**Please follow guidelines for social distancing while visiting the parks.**

Park Shelters rent for \$40/day. Call 502-225-0655 to reserve.

## Meet the Magistrates



**District 1:**  
**Brent Likins**  
[blikins@oldhamcountyky.gov](mailto:blikins@oldhamcountyky.gov)  
502-821-1821



**District 2:**  
**Wayne Theiss**  
[wtheiss@oldhamcountyky.gov](mailto:wtheiss@oldhamcountyky.gov)  
502-609-0567



**District 3:**  
**Albert Harrison**  
[harrisonpls@att.net](mailto:harrisonpls@att.net)  
502-523-8212




**District 4:**  
**Steve Greenwell**  
[sgreenwell@oldhamcountyky.gov](mailto:sgreenwell@oldhamcountyky.gov)  
502-468-9279



**District 5:**  
**Chris Haunz**  
[chaunz@oldhamcountyky.gov](mailto:chaunz@oldhamcountyky.gov)  
502-643-6724



**District 6:**  
**Stephanie Hawkins**  
[sbawkins@oldhamcountyky.gov](mailto:sbawkins@oldhamcountyky.gov)  
502-299-4500



**District 7:**  
**Bob Dye**  
[bdye@oldhamcountyky.gov](mailto:bdye@oldhamcountyky.gov)  
502-423-7371



**District 8:**  
**Michael Logsdon**  
[mlogsdon@oldhamcountyky.gov](mailto:mlogsdon@oldhamcountyky.gov)  
502-417-7985

## FISCAL COURT COMMITTEES

Buildings, Maintenance & Construction	Economic Development	Finance	Human Resources, Grants & Technology	Parks	Public Safety & Jail	Roads	Environment, Recycling & Utilities
Likins, Chair	Theiss, Chair	Dye, Chair	Logsdon, Chair	Hawkins, Chair	Haunz, Chair	Greenwell, Chair	Hawkins, Chair
Logsdon	Greenwell	Greenwell	Likins	Theiss	Dye	Logsdon	Dye
Haunz	Harrison	Haunz	Hawkins	Likins	Theiss	Harrison	Harrison

# What are “Community Cats”?

“Community Cat” is an umbrella definition that includes any un-owned cat. These cats may be “feral” (un-socialized) or friendly, may have been born in the wild or may be lost or abandoned pet cats. Some community cats are routinely fed by one or more community members, while others survive without human intervention. Whatever a cat’s individual circumstances, the term “community cat” reflects the reality that for these cats, “home” is within the community rather than in an individual household.

## What happens to community cats in animal shelters?

Although often treated as “strays” and held for possible reclaim by an

owner, community cats by definition have no owner to claim them. Overall, only about 1 in 50 cats are reclaimed at most shelters. Feral or very fearful community cats have historically been euthanized at the end of a holding period at most shelters, while friendly cats will commonly be offered for adoption. However, because the number of community cats entering most shelters is significantly greater than the number adopted, even friendly community cats are sometimes euthanized. This often takes place after efforts to find a home have failed and the cat has become sick or overly stressed under crowded shelter conditions.

Ideally all healthy, social cats in communities would be placed into permanent, responsible, loving

homes, but many community cats are “feral” and would be neither appropriate nor happy as traditional pets in a home. In our increasingly urban society, there are few “barn homes” into which these cats can be adopted. On the other hand, many feral cats have adapted to living in the community. These cats have found a source of food and shelter just as other wild animals have. Experts now believe the best option is to keep these cats where they are. This can be accomplished through a Trap-Neuter-Return program (TNR).

## What is trap-neuter-return (TNR)?

A Trap-Neuter-Return program (TNR) is an increasingly popular option where shelters trap, spay/

neuter, vaccinate, and ear-tip healthy cats then return them to the location where they were found. The fact that a cat is in good condition is considered evidence that it has a source of food and shelter – essentially it already has a “home” in the community, and is likely to continue doing well if it is returned to that home. Spay/neuter and vaccination improves health and welfare of cats and reduces problematic behaviors such as fighting, vocalizing, marking/spraying, and of course reproducing.



# What's in a name?

## Stream crossing signs

Even as Watershed Coordinator, I often have to refer to a map to orient myself to a location in the watershed. So, when drawing connections to concerns such as the bacteria levels in Ashers Run or the dissolved oxygen levels in South Fork Curry's Fork, it's hardly fair to assume this is common knowledge. These streams are all around us, but often out of sight or driven past without notice. A road sign to identify a local stream is analogous to putting a face to a name. Recognizing a place is a first step toward knowing and understanding it.

We strive to empower the community to become more familiar with where our water resources are. Gaining this knowledge helps



community members build deeper connections to our streams. As all become more aware of waterways and the wildlife that calls them home, we hope more will see the benefits of our work and become interested in participating.

## Upcoming programs

**Backyard Streams Workshop with Hands-on Live Stakes Planting Demonstration and Giveaway:** Join us for a 1-hour Live Interactive Webinar on October 17 at

9 am. You'll learn about simple steps you can take to protect your stream that will reduce erosion, improve water quality, and benefit habitat for fish and wildlife. Later in October, planting demonstrations will take place in small groups of 10 or less. Demonstration participants will also receive a bundle of live-stakes to plant at home. Register at [bit.ly/backyardstreams2020](http://bit.ly/backyardstreams2020).

**Stream Buffer Plantings:** Is the stream on your property showing signs of erosion? Planting a native

buffer along the edges of your stream is a great solution to addressing common problems associated with erosion, such as flooding and loss of land. Contact your Watershed Coordinator for more information!

## Friends of Curry's Fork meets via Zoom on the 3rd Wednesday of each month.

This Local Watershed Group is a community-driven effort to clean up and protect the Curry's Fork Watershed. All are welcome! Register at [bit.ly/currysfork](http://bit.ly/currysfork).

## Curry's Fork Watershed



For more information, please contact  
Becca Trueman, 502/222-1476 or [rtrueman@oldhamcountyky.gov](mailto:rtrueman@oldhamcountyky.gov)

[f](https://www.facebook.com/CurrysForkWatershed) [in](https://www.linkedin.com/company/CurrysForkWatershed) /Curry'sForkWatershed



# World-class care right where I live

Baptist Health La Grange brings the best in healthcare to the community. Offering lifesaving technologies and advanced treatments, we're committed to taking care of the most important community resource of all — you and your families. With a full-service hospital, outpatient center, physician offices and urgent care located throughout Oldham County, great care is never far away.

"It was like somebody flipped a switch." That's how Kathleen Stovall described it when she woke up after having her gallbladder removed. "I didn't know just how bad I felt until I woke up with no gallbladder," she said. Kathleen had a wonderful experience at Baptist Health La Grange, her minimally invasive surgery went perfectly.

As it turned out, that wasn't the only surgery she'd need that year. And it's why she felt so comfortable turning to Baptist Health La Grange for the next one.

A few months after her gallbladder surgery, Kathleen found a little blood in her stool but wasn't overly concerned. Though her grandfather and great aunts developed colon cancer, they were in their 70s before it happened and she was just 51. Plus, nobody in her immediate family had gotten it. But Kathleen visited her primary care physician, who ordered a colonoscopy. Afterward, she got the news. "There's nothing like waking up and being told you have cancer," Kathleen said.

"The care team at Baptist Health La Grange explained everything about the surgery to me, and told me all the possible outcomes," she said. "I also was warned that depending on the location of the tumor, I might need an ostomy. That kind of freaked me out, but I just wanted the cancer gone."



*Kathleen Stovall, "I'm grateful for the world-class cancer care right here in La Grange."*

**"... And the nursing staff at Baptist Health was great. They made me feel like I matter, and like what I'm feeling matters."**

*- Kathleen Stovall*

During her cancer surgery at Baptist Health La Grange, about 12 inches of her colon were removed. They were able to preserve just enough rectal tissue to keep her from needing an ostomy. Just after the surgery, she received the good news. "I actually cried from relief when I heard it," she said. Not long after that, she heard something even better from her oncologist. All the cancer was gone, and she wouldn't need chemotherapy or radiation. Kathleen was thrilled and grateful. "Later," she said, "I

had genetic testing and learned that even though colon cancer does run in my family, the kind I had wasn't the kind you inherit. How strange is that? Still, my kids are going to start getting colonoscopies as soon as they turn 40!"

"Later," said Kathleen, "I was told the cancer had been there for a while. If I had gotten a colonoscopy when I should have, they might have discovered it sooner. Still, I feel very fortunate. I'm grateful for the world-class cancer care right here in La Grange. And the nursing staff at

Baptist Health was great. They made me feel like I matter, and like what I'm feeling matters."

If you are 45 or older and have never received a colorectal screening, please talk with your primary care provider. Colon cancer is highly treatable and the survival rate is very high when we can catch polyps early. By the time you have symptoms, this cancer is much more advanced.

**To schedule a screening colonoscopy in La Grange, call Baptist Health Medical Group Gastroenterology at 502/222-6008.**

## Baptist Health La Grange



**BAPTIST HEALTH**  
LA GRANGE

**Patient Information:** 502/222-5388  
**Physician Referral:** 502/222-3627

## The Library is open

The Oldham County Public Library is open for in-person service and public computer use! All three libraries have curbside or drive-thru book pick up available for everyone. At the moment, hours are limited. Please see below for our current schedule. Times are subject to change. If you have any questions about services or current open hours, feel free to call us at 502/222-9713.

### LIBRARY HOURS:

Monday-Thursday: 1-7 pm

Friday: 10 am-5 pm

Saturday: 10 am-2 pm

### In-person services at the Library include:

- **Public computer access:** Public computers are available at all OCPL locations. Time may be limited if there is a wait, or if they are at capacity.
- **Extended wifi:** The Library's wifi has been extended into the parking lot at all three libraries, to ensure Internet access 24/7.
- **Public Notaries:** Notaries are available across the library system. If you need this service, please call before arriving to make sure one is available to assist. If your document requires witnesses, please bring them with you. Notarization is provided free of charge.
- **Readers Advisory:** The collections at the Library have been revamped to make discovering your next favorite book even easier! Not sure what you want to read? Ask a librarian! We are also offering special online reader's advisory for parents looking for children's books. You can request this service at [bit.ly/findmeabook](http://bit.ly/findmeabook)
- **Printing and photocopying:** Documents can be printed from the public computers. Photocopy machines are also available. Copies and prints are .20 black & white, and .50 color (per side). You can also use mobile print to send a job to the copier at the Library from your home, or from a personal device using the Library wifi!

- **Laminating:** Have documents that you need to laminate? You can have letter sized items laminated at any location for \$1 a sheet. For larger items, the Main Library in La Grange has a 36" roll laminator that staff can use to laminate items for you. If you are coming in to use the larger laminator, be aware that there might be a short wait time while the machine warms up. Laminating materials for the 36" machine are .75 per foot.



## Need a library card?

You can get a library card anytime during open hours in person, or you can request one online to start using our digital services immediately. Visit [bit.ly/learnwithocpl](http://bit.ly/learnwithocpl) and click "I need a library card" or call 502/222-9713.



## Learn with t

Free online resources to support  
Visit [bit.ly/learnwithocpl](http://bit.ly/learnwithocpl) for links to

Whether you are homeschooling, participating in NTI, or looking to expand your own knowledge, our digital offerings are free

For a full list of digital resources, links to access, and

### NEW RESOURCE: BRAINFUSE!



Brainfuse offers a comprehensive suite of online academic services designed

to support many learning needs and styles. Expert on-line services include:

- **Live Tutoring:** Enter our on-line classroom and receive live, online help from a Brainfuse tutor.
- **Skills-Building:** Our skills building service helps you master an academic concept through expert tutoring and standards aligned online lessons. Brainfuse Skills Building has been designed for a variety of age groups and academic needs.
- **24/7 Help Center:** Submit a question and a tutor will provide you with a response (usually within 24 hours).
- **Foreign Language Lab:** Our Foreign Language Center provides expert assistance and support for students who are learning a foreign language. Expert tutoring is currently offered for Spanish, and a host of helpful online resources for learning other languages is forthcoming.

- **Live Writing Assistance:** Connect with an online tutor for expert writing assistance with our live help feature. Live help is particularly helpful during the initial stages of the writing process when you are working on the organizational and thematic features of your paper.

- **Intensive Writing Lab:** For a more thorough analysis, simply select Writing Lab from the launch menu and submit your writing via our secure messaging feature. Within approximately 24 hours of submitting your paper, you will receive a detailed analysis of your paper in your message center inbox. Our writing experts are trained to focus their analysis on voice, word choice, sentence fluency, and organization.

Brainfuse works on all devices! Make sure to log in with your library card through a desktop computer (or full view browser) and create your account before logging on through the app.

**When logging in,** remember your ID is the full numbers of your library card without spaces, and your PIN (if asked) is the last 4 digits of your card number.

### NEW RESOURCE: SCHOLASTIC TEACHABLES!



Scholastic Teachables is an online database of tens of thousands

of searchable and printable educational materials. Created by teachers and precisely leveled, these high-quality, ready-to-use resources support parents preparing kids for kindergarten readiness, homeschool teachers and learners from Pre-K to grade 6, and young patrons who need extra skills practice.

### ADULT LEARNING/ JOB ASSISTANCE

Many of the Library's online resources are perfect for helping adults expand their skills and search for jobs. Whether it's earning continuing education credits through Universal Class, studying for certification tests through Learning Library Express, or getting help creating a resume with BrainFuse there's something at the Library to help you land your next job!

### LEARNING EXPRESS LIBRARY

The Learning Express suite of highly-acclaimed eLearning solutions provides interactive tutorials, practice tests, e-books, flashcards and articles for academic skill-building, standardized test preparation, career development and more. These award-winning learning tools are available through multiple online platforms designed to help students and professionals achieve their educational and career goals. Organized into targeted learning centers, Learning Express Library supports those looking to improve core academic skills, pass the GED, prepare for college, join the military, obtain occupational certification, find a job, change careers, become a U.S. citizen and much more.

### CORE CONTENT BOOKS

We have increased our collection of books that support core content standards for elementary aged children. Visit the website to see lists for each grade to support early literacy! Don't see a book you are looking for? You can make a purchase request for material, or request items via interlibrary loan.



# he LIBRARY

Support your home learning needs.  
All resources and instructional videos.

Large base, the Oldham County Public Library has resources to help! Access to all of the Library's resources with your library card.

For more resources and instructional videos, visit [bit.ly/learnwithocpl](http://bit.ly/learnwithocpl)

## PRONUNCIATOR



Pronunciator is a fun and easy way to learn over 100 languages. Register for free and start

learning — at your own pace! Choose your level of learning and study lessons, flashcards, take tests, and record yourself to see how your accent rates. Pronunciator works on all devices. Make sure to log in with your library card through a desktop computer (or full view browser) and create your account before logging on through the app.

## VIRTUAL EVENTS

While the Library is not currently offering in-person events, all your favorite programs are available online! Sign up for story times for children, elementary age programs, adult book clubs, D&D groups, adult writing groups, teen art live streams, and gaming programs. Visit [www.oldhampl.org](http://www.oldhampl.org) for more information!

## UNIVERSAL CLASS



Through Universal Class, Oldham County patrons have access to lifelong learning courses in over

30 subject areas, many of which offer continuing education units (CEUs). More than 500 courses are available, and all are designed and led by professional instructors to build deeper understanding and mastery of subject matter. Universal Class includes videos, assignments, quizzes, tests, and options for social media interaction with other learners. Patrons may take multiple classes and learn at their own pace. From technical courses on computer software to digital photography to babysitting 101, a huge range of topics is available. Universal Class offers courses in Exercise and Fitness, Entrepreneurship, Arts and Music, Home and Garden Care, Cooking, Computers and Technology, Health and Medicine, Homeschooling, Job Assistance, Law and Legal, Parenting and Family, Pet and Animal Care, plus hundreds more. Universal Class is best accessed through a desktop computer. Create a free account with your library card number and pin (last 4 digits of your library card).

## ARTISTWORKS



ArtistWorks offers instrumental, voice, and fine-arts classes, from basic courses to intermediate instruction

to advanced lessons. Learn at your own speed and enjoy the instructional videos on desktop or mobile devices. Take classes from Grammy-winning musicians to keep up your skills in a chosen instrument or take a no-risk chance and learn something new!

## OVERDRIVE/LIBBY:



Overdrive gives you access to the Library's digital collection and allows

you to easily check out thousands of digital ebooks, audiobooks and more. Overdrive runs through the Libby app, and works on all devices. Want to learn how to use Overdrive and the Libby app? Visit us at [bit.ly/learnwithocpl](http://bit.ly/learnwithocpl) for instructional videos!

## KYVL



The Kentucky Virtual Library (KYVL) is a consortium of nearly

300 Kentucky libraries and institutions, including colleges and universities, public libraries, K12 schools, hospitals, Department of Defense libraries, the Kentucky Department for Libraries and Archives (KDLA), and more. As an Oldham County Resident, you have free digital access to over 60 research and academic databases. There are also age appropriate portals to help younger students explore online and research at their level. In addition to the academic databases, KYVL provides access to Novelist, a powerful book recommendation tool, and The Kentucky Digital Library, a platform for shared digital archives in the Commonwealth of Kentucky.

## Join us for a virtual composting class

Join us for a special virtual composting class sponsored by the Oldham County Conservation District and the Oldham County Cooperative Extension Service. Sign up for the live stream, happening on Friday, September 18

at 2 pm by visiting [bit.ly/occdclass](http://bit.ly/occdclass). You can also view the event on-demand afterwards! Participants who complete the program will be able to pick up a free composting bin at the Conservation Office.



## STEAM Crates

STEAM Crates are available for check out again! Each crate has materials for a themed activity, books about the subject matter, and suggestions for use. Crates can be requested online and checked out at any location. They check out for one week, and must be returned in person at the Library (these cannot be returned through the book drops). Crate themes include: bugs, chemistry, drawing, engineering, fossils, geometry, LEGO, magnets, primary science, and more! Special equipment from the Lab is also available for checkout, such as Turing Tumblers, Cubelets, and slide converters.

## New look, new site coming soon!

This fall, the Oldham County Public Library will be unveiling a new website and brand. The new website will make for an easier way to access library services. Make sure to keep checking back to see the latest!



Oldham County  
PUBLIC LIBRARY

## NEW AT THE LIBRARY

Game consoles can now be checked out at the Library! These must be picked up at the Main Library, but can be returned at any of the three library locations. Consoles check out for 7 days, and are \$20 a day if overdue. They must be checked out on an adult card in good standing. Each console comes in a self contained case that includes viewing screen, controllers, and a few games. Available consoles include Nintendo Switch, Xbox One, and Playstation 4.



## Oldham County Public Library

**Director: Jessica L. Powell**  
502/222-9713  
[Jessica.powell@oldhampl.org](mailto:Jessica.powell@oldhampl.org)

### LIBRARY BOARD OF TRUSTEES

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### Main Library

308 Yager Avenue, La Grange, KY 40031

### South Oldham Public Library

6720 W. Hwy 146, Crestwood, KY 40014

### Mahan Public Library

12505 Harmony Landing Rd., Goshen, KY 40026

# Important information about COVID-19

## Cold, flu and COVID-19 symptoms

Does the anxiety of COVID-19 have you questioning every sneeze, snuffle or cough and wondering how best to protect yourself and your community? You are not alone! While we are learning more about the novel coronavirus every day, there are some things we know that can help keep our anxiety in check.

We know that while there are some similarities in symptoms between the cold, the flu and the coronavirus, there are also some differences. This symptom chart might be able to help. If you are experiencing mild respiratory symptoms, you should self-isolate at home, take care of yourself and contact your medical provider to determine next steps. If you are experiencing serious respiratory symptoms, such as difficulty breathing or chest pain, call 911 immediately.

## What to do if you're exposed to someone with COVID-19

You might also be wondering what you should do if you are exposed to someone with COVID-19. The guidance is a little different depending on the level of risk

of your exposure. We know that wearing masks lowers the risk of transmission. The lowest risk is through an interaction that was short (under 15 minutes) and where both you and the person that is positive were wearing masks.

If you were exposed to someone with COVID-19, it's important to follow the recommended guidance:



- **Medium- or high-risk guidance:** Quarantine for 14 days after the last identified date of exposure.
- **Low-risk contact guidance:** Self-monitor for signs and symptoms of COVID-19 for 14 days after the last identified date of exposure.

Wait one week after your known or possible COVID-19 exposure to be tested. If you are tested earlier, there may not be enough of the virus present to be detected.

Document temperatures and any symptoms for the duration of the quarantine period.

If you are tested during a 14-day quarantine and receive a negative result, you are still required to complete the quarantine.

Symptoms of COVID-19					
Symptoms of COVID-19	Strep Throat	Common Cold	Flu	Asthma	Seasonal Allergies
FEVER	✓		✓		
COUGH		✓	✓	✓	✓
SORE THROAT	✓	✓	✓		✓
SHORTNESS OF BREATH				✓	
FATIGUE		✓	✓	✓	✓
DIARRHEA OR VOMITING	✓		✓		
RUNNY NOSE		✓	✓		✓
BODY/MUSCLE ACHES	✓	✓	✓		



**Hours:**

Monday and Wednesday: 7:30 am-4:30 pm  
Tuesday and Thursday: 7:30 am-6 pm  
Friday: 7:30 am-4 pm



## WIC provides food and nutrition assistance

Struggling to provide healthy food for your young child during the COVID-19 crisis? If you or another member of your family has lost income due to the COVID-19 pandemic, you may be eligible for nutritional and breastfeeding support from WIC! WIC provides healthy foods that pregnant and

postpartum women, babies, and young children need.

**Now enrolling new WIC clients over the phone so you do not need to come into the clinic. WIC is here for you!**

¿Pasas apuros para ofrecer alimentos saludables a tus hijitos durante la crisis del COVID-19? Si tú o un miembro de tu familia ha perdido sus ingresos debido a la pandemia del COVID-19, ¿es posible que puedas recibir apoyo de WIC con la nutrición y lactancia? WIC ofrece los alimentos saludables

que necesitan las embarazadas, las mamás que acaban de dar a luz, los bebés y los niños pequeños. **La mayoría de los estados ahora inscriben a clientes nuevos en WIC por teléfono, o sea que no tienes que preocuparte de ir a la clínica. ¡WIC está aquí para ti!**

## Stay on track with vaccinations!

Wearing a mask, washing your hands and social distancing help prevent COVID-19 just like regular immunizations help prevent many other dangerous illnesses.

Did you know that fewer childhood vaccines have been given

during the COVID-19 Pandemic? Vaccinations and well-child appointments are essential for healthy families and communities.

Contact OCHD's public health nurses to learn about available vaccination options.



## Oldham County Cooperative Extension Service

### Serving Oldham County residents since 1914

Oldham County Extension offers programs, clubs, diagnostic services, and research-based advice in 4-H Youth Development, Family & Consumer Sciences, and Agriculture & Natural Resources. Extension programs and services support a wide range of skills, all aimed at producing successful families, farms, gardens, and businesses. Extension offers many diagnostic services, including soil testing, forage testing, plus pest identification and management recommendations. Site visits may also be requested for advice on farm management and production as well as home horticulture questions.

Contact us with questions at 502/222-9453 or [oldham.ext@uky.edu](mailto:oldham.ext@uky.edu), or visit our website <https://oldham.ca.uky.edu/> for more information. Contactless drop-off is available for anyone submitting soil and other samples for diagnostics and testing.

### Oldham County Cooperative Extension Service



College of Agriculture,  
Food and Environment  
Cooperative Extension Service



207 Parker Drive • La Grange, KY 40031  
502/222-9453

*Educational programs of KY Cooperative Extension serve all people regardless of economic or social status and will not discriminate on the basis of race, color, ethnic origin, national origin, creed, religion, political belief, sex, sexual orientation, gender identity, gender expression, pregnancy, marital status, genetic information, age, veteran status, or physical or mental disability.*



**Follow us on Facebook: "Oldham County Extension"**

## Congratulations to our youth leaders



**Andrew Myers,** six-year 4-H Shooting Sports member and certified teen instructor,

has been selected to serve as a 4-H Shooting Sports Ambassador. Andrew will have the opportunity to

develop his leadership skills while promoting the 4-H Shooting Sports Program throughout the state. In 2019, Andrew was a member of the .22 pistol team that placed first at the Kentucky 4-H State Shoot. Individually Andrew placed third in .22 pistol. He was also a member of the 2nd Place Team for the .22 Sport Rifle division.



**Ella Olds** was recently honored with the KY 4-H Gold Achievement Award. An Oldham

County 4-H member since age nine, Ella has a long list of accomplishments and experiences

to her name, including numerous awards at state dog shows, horse shows, and the state fair. She created a professional-level 4-H promotional video by combining her videography and interviewing skills. Ella states, "4-H has taught me to learn from my mistakes and to not give up when things get difficult, but to also see challenges as opportunities."

## Getting ready for next season's garden

While most of our gardens are nearly finished producing for the season, it's never too early to begin planning for next year's vegetable garden. As vegetable plants mature and begin to die, removing them from the garden is a good practice, especially if insect pests or diseases were present. While composting dead plant material is an option, remember that compost not managed frequently may not heat up enough to destroy plant diseases or insects that can overwinter on plant material. In these situations, it is best to bag the dead plants and dispose of them with garbage.

Rotating planting locations in the garden helps reduce future pest problems as well. Keep in mind that plants belonging to the same family may share similar disease

and insect pests. For instance, tomatoes, eggplants, and potatoes belong to the same plant family and share many of the same pests. For larger garden spaces, plan to plant these crops in different locations within the garden next season to reduce risk of pest damage. This will not likely be an effective pest management tool in small garden spaces.

Fall is also a good time to test soil for nutrient levels and pH. Testing soil now allows gardeners time to make any soil pH corrections necessary before next planting season. Soil testing also gives gardeners direction on what type and how much fertilizer should be applied to promote optimum health and production of garden plants. Get details on how to



sample and test soil at <https://oldham.ca.uky.edu/soil-testing>.

For more information on growing vegetables, type 'Home Vegetable Gardening in Kentucky' in your Internet search engine or

contact Oldham County Extension for a printed guide. Use your homegrown produce in delicious and nutritious recipes — explore new recipes at <https://www.planeatmove.com/>

## Providing hands-on learning during Healthy at Home

When Healthy at Home began in March, Oldham County Extension provided 4-H Porch Projects offering youth hands-on learning opportunities in Science, Engineering, and Technology; Agriculture; Visual Arts; and Health.

A total of 800 kits were distributed over an eight-week period of time. Kits with recipes and garden seeds were also distributed to food bank locations to promote access to fresh produce and healthy, low-cost meals.

After the tremendous success of the Cooperative Extension Porch Project outreach, Oldham County Extension and the Oldham County Library partnered to provide weekly Porch Projects this summer as part of the Library's Summer Reading

Program. Projects were distributed at the Extension office and two library branch locations. A total of 3000 Porch Projects were distributed across the county as a result of this partnership.

# Oldham County Tourism helps YOU be a rock star

You may not know that Oldham Tourism promotes and markets the entire County to visitors and groups throughout eight states. Those potential visitors are looking for corporate retreats, wedding and special event locations, convention and meeting space, honeymoon getaways, family reunions, bus trips, cooking classes, groups coming for day trips, or girlfriend groups coming



for an event. The detailed planning of their visit is our cup of tea!

We are your Oldham County experts for places to stay, eat, shop, entertain, and all things to do in the County and region. Planning a family holiday party? Need a larger location to host Thanksgiving? Interested in a fall or holiday wedding at a smaller location? Need to get away but not far away? Oldham County Tourism is your planning source for all things Oldham — at no charge to Oldham residents!

We encourage you to INVITE FRIENDS and FAMILY to experience your hometown and we'll help YOU plan the details that will make you look like a rock star! Plan with us from now until December 31, 2020,

we will give your group Oldham Hometown Tourist t-shirts or hats while they last!

Check out our website for Oldham Trip Ideas and County

Calendar of Events. You can also take advantage of our popular website Live Chat 9 am-4 pm Monday-Friday. Be sure to like us on Facebook and follow us on Instagram and Twitter!

## Oldham KY Tourism & Conventions

7204 Highway 329, #101 (across from Starbucks)  
Crestwood, KY 40014


502-222-0056 | Toll Free 800-813-9953

Kim Buckler Hydes, Executive Director  
Director@TourOldham.com



Kim Buckler Hydes  
Executive Director

 Your Own Backyard Oldham County

 #CraftBourbonHorsesKentucky/  
#HorseFarmToursKentucky

 OldhamCoKY

[www.TourOldham.com](http://www.TourOldham.com) Live Chat!

## Oldham County Soil & Water Conservation District

# What is an AWQP (Agriculture Water Quality Plan)?

The Agriculture Water Quality Plan is a guidance document required by farm owners/landusers of 10 acres or more, consisting of BMPs (Best Management Practices) designed to protect water quality in six different areas:

- Silviculture
- Pesticides and Fertilizers
- Farmstead
- Crops
- Livestock
- Streams
- Other Waters

Each BMP includes definitions and descriptions, regulatory requirements, Agriculture Water Quality Authority requirements, design information, practice maintenance, technical assistance, cost-share assistance,

recommendations and references.

**The statewide plan serves as a guide to individual landowners/landusers as they develop water quality plans for their individual operations.**

AWQPs must be updated when practices change, or no less than every 3 years to qualify for funding assistance. [We're here to help with your farm's plan. Feel free to contact us!](#)



## Oldham Co. Soil & Water Conservation District



700 W. Jefferson St., Suite A

La Grange, KY 40031

phone: 502/222-5123

email: [oldhamswd@gmail.com](mailto:oldhamswd@gmail.com)



## New pilot program for composting

*Free compost bins to good homes!*

The Conservation District was recently honored with a grant from the KY Division of Waste Management to start a Backyard Composting Program! We were able to purchase “Geobins” at a reduced rate for buying in bulk. The bins will be distributed to Oldham Co. residents at no charge when paired with education. Short classes on composting will be provided online and in-person at a social distance. Residents may register for the virtual class at [bit.ly/occdclass](http://bit.ly/occdclass). To register for in-person classes, please call 502/222-5123 (dates t/b/d). Special thanks to our partners in the program — Solid Waste & Recycling, Fiscal Court, Extension Service, Public Library, and resident

volunteers. We appreciate your assistance!

### Benefits of composting

- Enriches soil, helping retain moisture and suppress plant diseases and pests.
- Reduces the need for chemical fertilizers.
- Encourages the production of beneficial bacteria and fungi that break down organic matter to create humus, a rich nutrient-filled material.
- Reduces methane emissions from landfills and lowers your carbon footprint.
- Hands-on learning experience for children.



**Did you know...**  
It takes 500 years for nature to produce 1 inch of soil?

*Natasha Maki, Program Volunteer, demonstrating the first bin of the pilot program.*

## State Cost Share funding limit raised to \$20,000!



**Heavy use area/ gate opening gravel funded by KY State Cost Share Program**

The Kentucky Soil and Water Quality State Cost Share Program underwent a major reorganization over the past three years. The program evolved to better meet the needs of today's conservation

landscape, and also included regulation changes that now limit funding to \$20,000 (up from \$7,500). The program pays 75% of actual cost for projects like pasture cross fencing to allow for rotational

grazing, automatic waterers for livestock, stream crossings, and much more. Call or email us to complete a simple application. The next funding cycle deadline is November 1, 2020.

### Other programs offered year-round

**Pollinator Habitat Installation:** Reimburses 50% of material cost to install a pollinator habitat on your property.

**Large Dead Animal Removal:** Pays the majority of expense to remove deceased livestock. The Conservation District provides partial funding for this program. To take advantage of this service,

please call County Dispatch at 222-0111 to schedule a pickup.

### Soil Testing Voucher

**Program:** The Conservation District provides up to 5 vouchers/year to residents for soil testing at no charge (valued at \$10 each).



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## Oldham County Fiscal Court

*From the desk of Judge/Executive David Voegele*

# Broadband expansion — It's coming!



*David Voegele*  
*Oldham County Judge/Executive*

Internet connectivity is good in some sections of Oldham County, but poor to non-existent in other parts of the County.

Fiscal Court is in the beginning stages of creating an 'open access' fiber optic Internet service in our county, and we need your help to make and build-out our plan.

Working with Lit Communities, an experienced broadband consulting firm, Fiscal Court has developed a community-wide survey which we would like every resident and business to complete.

Every address in the County has been put into a geographical information system (GIS) to track critical information provided

through the survey. The information will be used to help build-out service from the 25 miles of fiber optic cable Fiscal Court purchased last year from KentuckyWired when that system was installed in Oldham County.

KentuckyWired is a state-run project constructing more than 3,000 miles of high-speed, high-capacity fiber-optic cable in every Kentucky county for use by public agencies, police posts, universities and dozens of other entities.

Oldham County's fiber expansion starts with installing a robust broadband infrastructure, which will help attract a number of Internet service providers and create competitive offerings and pricing options.

Although the backbone of our current county-owned fiber optic cable is above ground on poles stretching along Highways 42, 53 and 146 from Trimble to Jefferson County, our build-out plan includes a combination of strategies including overhead, underground and wireless connections.

As the system is established, residents will be connected to an

**TAKE THE SURVEY NOW:**

<https://oldhamfiberservicezones.net>

No home Internet service?  
Still take the survey by speaking with a  
County staff member.

Call 502-225-5115.

'open access' network where services will be available from not just two companies, but multiple content providers from throughout the country. An additional benefit will be the ability to easily change those providers with a mouse click or telephone call. No one will have to come to a home or business to make changes.

Realistically, build-out of our system will take more than 'flipping a switch'. Taking the Fiscal Court survey will help us gather the information necessary to take the first and succeeding steps in the most efficient manner. When our system is fully deployed, each resident should be able to enjoy access to reliable Internet, with cost and performance options.